



Halmstad project – a user driven intervention to promote children`s mental health

The aim of this project is to take the child's perspective to develop an intervention to promote children's mental health. Focus group interviews with teens aged 14-16 years have been carried out focusing on the question: What is balance in everyday life for you? Stakeholder interviews will be conducted and then workshops with teens to design the intervention. The teens will have several roles in the process, as informants, design partners and testers. The project will be implemented in Halmstad municipality and subjected for process-, impact- and outcome evaluation.

Project time span

2012 - 2016

Funding

Halmstad Kommun

Lundbergska stiftelsen

Länsförsäkringar Halland

Svensk sjuksköterskeförening

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