



SWEDEN 

JÖNKÖPING UNIVERSITY

*School of Health and Welfare*

# EXCHANGE STUDIES

SCHOOL OF HEALTH AND WELFARE

2017/2018



# WELCOME TO JÖNKÖPING UNIVERSITY!

## SWEDEN AND JÖNKÖPING

Sweden is known for being a clean, beautiful country, covered with lakes and forests and inhabited by 10 million people who are friendly, open-minded and welcoming. This is all true. What you have heard about high living standards and low crime rates is true as well. Furthermore, Sweden is an international powerhouse in the fields of design and music, boasting acts such as Avicii, Robyn and Icona Pop. Lots of great innovations originated in Sweden as well, for example TetraPak, the pacemaker, Skype and Spotify. And let's not forget IKEA. The furniture giant was founded in the south of Sweden, not far from Jönköping – in a region known for nurturing creative minds.

You will find Jönköping on the southern shores of lake Vättern. The city has a population of 130,000 and a beautiful city centre with cafés, restaurants, shopping, concert venues and gorgeous waterfront views. In Jönköping, you are never far away from anything.

## JÖNKÖPING UNIVERSITY AND CAMPUS

At Jönköping University people from all over the world study – in an environment that inspires to higher education, research and multicultural networking. We have about 350 partner universities all over the globe and about 1,500 of our 10,000 students are international. Jönköping University is a private, non-profit institution of higher education with the right to award doctorates. The university operates on the basis of an agreement with the Swedish government and conforms to national degree regulations and quality requirements. Research and education are carried out at four schools: School of Health and Welfare, School of Education and Communication, Jönköping International Business School and School of Engineering.

The university campus is located right in the heart of the city, with anything you might need at comfortable walking distance.

› No. 1 in Europe and no. 3 in the world in family business research. Ranked as one of the top 25 business schools in family business education and research (Family Capital).

› World leading research in materials and manufacturing technology for casting. Collaborations with eg. Volvo, Scania and Husqvarna.

› World renowned research in ageing and access to databases of large-scale population studies.

› Research within children, learning and development associated with leading European research programme for disability research.



## SCHOOL OF HEALTH AND WELFARE

As one of Sweden's prime educators in the field of health sciences, health care and social work, the School of Health and Welfare offers high academic quality and distinct profile areas. The School's experience of education and research is long and substantial, and you will be given access to a learning environment that is up-to-date and relevant. The School of Health and Welfare has a strong focus on international collaboration in education and research.

## PROGRAMMES AT SCHOOL OF HEALTH AND WELFARE

### CONDUCTED IN SWEDISH

Undergraduate programmes:

*A number of courses within the programmes are offered in English for exchange students.*

- Biomedical Laboratory Science, focusing Laboratory Medicine, 180 credits
- Biomedical Laboratory Science, focusing Clinical Physiology, 180 credits
- Dental hygiene, 180 credits
- Diagnostic radiology nursing, 180 credits
- Nursing, 180 credits
- Occupational therapy, 180 credit
- Prosthetics and orthotics, 180 credits
- Social work, 210 credits

Master's programmes:

- Gerontology, 60 credits
- Nordic Master's Degree Programme in Gerontology, 120 credits
- Nursing Science, 60 credits
- Occupational Therapy, 60/120 credits
- Oral Health Science, 60 credits
- Quality Improvement and Leadership in Health and Welfare, 60/120 credits
- Social Work, 60 credits

### CONDUCTED IN ENGLISH

Master's programmes:

- Occupational Therapy, 60/120 credits
- Interventions in Childhood, 60 credits

# OUR COURSES IN ENGLISH

## BACHELOR-LEVEL COURSES

BACHELOR-LEVEL COURSES	CODE	STUDY FIELD	CREDITS	PERIOD			
				Week 35-39 28/8 - 29/9	Week 40-44 2/10 - 3/11	Week 45-49 6/11 - 8/12	Week 50-03 11/12 - 19/1
AUTUMN 2017							
Health Care Improvement	HHIB19	N	7,5	X			
Health Care Improvement	HHIB19	N	7,5				X
Cardiovascular nursing from a person centered perspective	HCNK15	N	7,5	X			
Nursing Science, Global Health	HNHK16	N	15		X		
Nursing science, focusing on health and ill-health in children	HFHK15	N	7,5				X
Occupational Therapy and Ageing from a Health promoting Perspective (web-based)	HAHN13	OT	7,5	X			
Occupational Therapy, Clinical placement,	HAVN11	OT	7,5		X		
Occupational therapy, progress and development	HATC18	OT	15			X	
Occupational therapy, Occupation and Health	HOHG10	OT	7,5				X
Prosthetics and Orthotics, Basic Course, w 35-38	HOTG11	P&O	6	X			
Prosthetics and Orthotics, w 43-49	HPON11	P&O	10,5		X		
Orthopaedic Technology, Deepening, w 35-42	HODN11	P&O	12	X			
Biomechanics, w 43-03	HBMK14,	P&O	15			X	
Scientific method, statistics, w 35-42	HVSA18	P&O	6	X			
Clinical Gait Analysis	HGAK11	P&O	7,5				X
Social Work, Participation and Inclusion	HDEN16	SW - Open for all international students	7,5	X			
Social Work, Social and Welfare Policy in a Swedish and International Perspective	HSWK 11	SW - Open for all international students	7,5			X	
Social Work with groups and in community	HSGN13	SW - Open for all international students	7,5		X		
Leadership in Crisis Management	HLCK16	SW - Open for all international students	7,5				X
Oral Health Literature Course	HOHN12	OH	7,5	X			
Community Oral Health	HORK11	OH	7,5		X		
Swedish Language, Culture and Society 1	tbc	Open for all international students	7,5	X			
Swedish Language, Culture and Society 2	tbc	Open for all international students	7,5			X	
Intercultural and International Communication	TIKA17	Open for all international students	7,5			X	

## MASTER LEVEL-COURSES

MASTER LEVEL-COURSES	CODE	STUDY FIELD	CREDITS	PERIOD			
AUTUMN 2017				Week 35-39 28/8 - 29/9	Week 40-44 2/10 - 3/11	Week 45-49 6/11 - 8/12	Week 50-03 11/12 - 19/1
Theory of Science and Scientific Method	HTSR25	health and caring sciences, behavio- ural science, social work, or educational sciences	15	X			
Occupational therapy, evidence-based practice	HA1R20	OT	7,5	X			
An occupational perspective of health	HA1R22	OT	7,5			X	
Oral Health Literature Course	HOHR21	THY	7,5			X	

This is an overview of the courses we expect to be offering in the academic year 2017-2018.  
If there are additions or cancellations, these will be updated on our website, [JU.SE/HHJ/COURSES](http://JU.SE/HHJ/COURSES)

## BACHELOR-LEVEL COURSES

BACHELOR-LEVEL COURSES	CODE	STUDY FIELD	CREDITS	PERIOD			
				Week 4-8 22/1 - 23/2	Week 9-13 26/2 - 30/3	Week 14-18 2/4 - 4/5	Week 19-23 7/5 - 4/6
SPRING 2018							
Health Care Improvement	HHIB19	N	7,5	X			
Health Care Improvement	HHIB19	N	7,5				X
Cardiovascular nursing from a person centered perspective	HCNK15	N	7,5	X			
Nursing Science, Global Health	HNHK16	N	15		X		
Nursing science, focusing on health and ill-health in children	HFHK15	N	7,5				X
Occupational Therapy, Preventive, Remedial and Compensatory interventions*	HAVB17	OT	22,5	X			
International Perspectives on Health and Welfare	HIHK17	OT	7,5	X			
Oral health Literature Course	HOHN12	OH	7,5	X			
Oral Health Clinical Practice 1	HO1K11	OH	7,5		X		
Prosthetics and Orthotics, Rehabilitation, w. 20-23	HOHK11	P&O	6			X	
Prosthetics and Orthotics, Intermediate Course	HOTN11	P&O	30	X			
Prosthetics and Orthotics, Clinical Placement Studies	HOVN11	P&O	15	X			
Prosthetics and Orthotics, Thesis	HOEP11	P&O	15	X			
Radiography and Patient Care in Thorax Radiology, w. 2-13	HRTN11	RN	20	X			
Radiography Literature course, w. 13-14	tbc	RN	2,5		X		
Social Work, With Groups and in Community	HSGN13	SW - Open for all international students	7,5		X		
Social Work, Social and Welfare Policy in a Swedish and International Perspective	HSWK11	SW - Open for all international students	7,5			X	
Social Work, Participation and Inclusion	HDEN16	SW - Open for all international students	7,5	X			
Leadership in Crisis Management	HLCK16	SW - Open for all international students	7,5				X
Swedish Language, Culture and Society 1	tbc	Open for all international students	7,5	X			
Swedish Language, Culture and Society 2	tbc	Open for all international students	7,5			X	
Intercultural and International Communication	LICG16	Open for all international students	7,5	X			

## MASTER-LEVEL COURSES

MASTER-LEVEL COURSES		CODE	STUDY FIELD	CREDITS	PERIOD			
SPRING 2018					Week 4-8 22/1 - 23/2	Week 9-13 26/2 - 30/3	Week 14-18 2/4 - 4/5	Week 19-23 7/5 - 4/6
Ageing in a welfare state (distance course with one week based on campus)	HÄVS25	G	7,5			X		
Ageing and society – diversity, participation and health (distance course)	HAGR27	G	7,5	X				
Oral Health, Master Thesis (one year)	HOHT27	OH	15	X				
Occupational Therapy, Theory I	HA1R26	OT	7,5	X				
Occupational Therapy, thesis	HEIT26	OT	15	X				
Occupational Therapy, Community-based Practice	HALR26	OT	7,5			X		
Crisis Leadership in Social Work	tbc	SW	7,5			X		

**BMA** - Biomedical Laboratory Science **G** - Gerontology **N** - Nursing **OH** - Oral health **OT** - Occupational Therapy  
**P&O** - Prosthetics & Orthotics **RN** - Radiology Nursing **SW** - Social Work

\* In addition to the above courses, the Occupational Therapy Programme may be able to offer clinical placement.

## LAST DAY FOR APPLICATION

AUTUMN 2017

**15 APRIL**

SPRING 2018

**15 OCTOBER**

# STUDIES AT JÖNKÖPING UNIVERSITY

Jönköping University is one of Sweden's leading universities in the area of internationalisation and has an extensive exchange programme with approximately 350 partner universities worldwide. The campus has a truly international and academic environment with students and staff from all parts of the world.

## CREDITS AND WORKLOAD

In Swedish higher education, the workload of a course is based on the amount of credits that a course is worth. 1.5 credits is equivalent to approximately 40 hours (1 week) of work. This includes lecture hours, group work, seminars, homework etc. Students participating in exchange will receive full credit for all academic work successfully carried out during their exchange semester.

## ACADEMIC CALENDAR

The academic year consists of 40 weeks, divided into two semesters: August – January and January – June. Full time

study is 30 credits per semester which is equivalent to 30 ECTS credits.

## EXAMINATIONS AND RE-EXAMINATIONS

There are different forms of examinations in the courses. Students are required to register at least 10 days in advance for exams. Students must be able to present valid photo ID during the exam plus show their Jönköping University card. Examinations can be scheduled on weekdays, evenings as well as Saturdays or Sundays. Jönköping University allows students to take re-examinations in failed courses. However, re-examinations can only be taken at Jönköping University.

## GRADING SYSTEM

**A:** Excellent

**B:** Very Good

**C:** Good

**D:** Satisfactory

**E:** Sufficient

**Fx:** Fail

*Some more work required before the credit can be awarded*

**F:** Fail

*Considerable further work is required*

## ACTIVITY

**Arrival and pick-up service**

**Introduction week (compulsory)**

**Welcome meeting (compulsory)**

**Course period including regular examinations**

## AUTUMN SEMESTER 2017

August 17-20

August 21 - 25

August 21

August 28 – January 21

## SPRING SEMESTER 2018

January 13 – 14

January 15 - 19

January 15

January 22 - June 10



# APPLICATION AND PREREQUISITES

## HOW TO APPLY

Once you have been nominated by your home university, you will receive information about how to apply in our on-line application as well as which documents you need to send in to complete your application.

## COURSES

Course syllabuses, including the pre-requisites, can be found on our website. You need to have the majority of your courses at the school to which you have been nominated to. School of Health and Welfare reserves the right to limit exchange student enrollment in courses that are at capacity. Please be aware that courses may be cancelled if the minimum number of participants is not reached.

## PREREQUISITES

The general prerequisite for bachelor

exchange students is at least one year of completed university studies at the home institution before the exchange semester. For applicants interested in master level courses, we require qualifications equivalent of a bachelor degree of at least three years. All students must fulfil the prerequisites of each chosen course. When signing the Choice of Courses

Confirmation document the home institution certifies that the student fulfils the prerequisites for each chosen course.

► Read more about exchange studies at: **JU.SE/EXCHANGESTUDIES** or contact International Relations Office at: **incoming.student@ju.se**

### EXCHANGE STUDENTS MUST HAVE THE EQUIVALENT OF:

- TOEFL Paper based: a minimum score of 575 TOEFL with at least 4.5 in "Written test (TWE)".
- TOEFL Internet based: a minimum score of 90 with at least 20 in "Written test (TWE)".
- IELTS Academic: An overall score of 6.5 and no section below 5.5.



## "You'll make great friends and discover beautiful places"

### Philippine Le Jallé

former exchange student at JU  
from Deakin University, Australia

#### WHY DID YOU CHOOSE TO GO ON EXCHANGE?

Having lived in different countries all my life, I was eager to discover a new culture. This is a lifetime experience and such a learning curve for everyone.

#### WHAT IS THE BEST ABOUT JÖNKÖPING UNIVERSITY?

JU is a great university and with all its international students and they know how to make you feel at home.

They won't hesitate to show you their culture and to find out about yours! You'll definitely love the Fika\* culture and will love to have Fika with your new friends by the lake. It is definitely something I will be taking home with me!

JU is so understanding towards exchange students and will want you to make the most of your stay by organizing trips around Scandinavia. You'll make great friends and discover beautiful places.

#### WHY WOULD YOU RECOMMEND OTHER STUDENTS TO GO ON EXCHANGE (AND TO JU)?

I would definitely recommend going on exchange to anyone as it's a great experience, especially to JU.

You'll not only love meeting both Swedish and international people, that will become friends for a lifetime.

You will come home as a different person that is for sure.

\* A coffee break with pastries or sandwiches.

# AT YOUR SERVICE!

Life as a student isn't all about lectures and exams. It's also about net-working, exploring different cultures, and making new friends. There is always something going on around campus that you can choose to take part in – seminars, sport events or other social and cultural activities.

## INTRODUCTION WEEK

At the beginning of each semester a compulsory introduction week is organized for all new exchange students. See the academic calendar on page 6 for exact dates. You will be introduced to Jönköping University, receive important information about studies and have the opportunity to take part in social activities organized by the Student Union.

## THE STUDENT UNION

Jönköping Student Union is a non-profit organization that works in order to improve the educational and social quality for all students at Jönköping University. One of their focuses is to increase integration between international and Swedish students. The Student Union is run by students, for students. Jönköping Student Union cooperates with the schools' student associations with the goal of increasing integration between international and

Swedish students at Jönköping University. Some examples of activities:

- Contact Family and Buddy Program
- Culture days
- International Week
- Trips
- Movie nights
- Sport activities
- Language café
- Quiz nights
- Party nights

Find out more about Jönköping Student Union at [JONKOPINGSSTUDENTKAR.SE/ENGLISH](http://JONKOPINGSSTUDENTKAR.SE/ENGLISH)



Photo: Emma Björkdahl



## SERVICE CENTER

If you have general study related questions, you can visit our Service Center.

If they cannot answer your question directly, they make sure that you get help from the right person.

## ACCOMMODATION OFFICE

The Accommodation Office will help you find a place to live. You will receive information about this once you have been accepted to Jönköping University.

For more information:

**JU.SE/ACCOMMODATION**



► SEE FULL LIST OF SERVICES ON **JU.SE/STUDENT/EN**



## INTERNATIONAL RELATIONS OFFICE (IRO)

The IRO cooperates with universities all over the world to offer students the opportunity to study abroad. The IRO contributes to Jönköping University's internationalization goals and visions, by coordinating and organising different activities within the exchange programs for incoming students.

## UNIVERSITY LIBRARY

The University Library is an old foundry from the beginning of the 20th century that has been transformed into a modern research library. Group rooms and reading rooms are available 24 hours a day.



# LIVING IN JÖNKÖPING AND SWEDEN

## GUARANTEED ACCOMMODATION

Jönköping University guarantees accommodation to all new arriving exchange students that have been admitted to Jönköping University, provided that students have applied for accommodation and registered their arrival within the set deadlines. The accommodation guarantee only applies to registered students. Accommodation is located in the city centre, as well as in some of the surrounding suburbs. It is seldom more than 20 minutes by bus, but usually closer. Many students commute by foot or by bicycle or by bus.

Visit **[JU.SE/ACCOMMODATION](https://ju.se/accommodation)** for more information.

## PICK-UP SERVICE

The university arranges a pick-up service for arriving international students. See the academic calendar on page 6 for pick-up dates.

## HEALTH INSURANCE

Exchange students admitted to JU receive a supplementary health insurance.

For more information please visit **[JU.SE/STUDENTHEALTHCARE](https://ju.se/studenthealthcare)**



Photo: Patrik Svedberg

## COST OF LIVING

Living costs in Sweden depend largely on your individual life-style. As a student in Jönköping, it is recommended that you have around SEK 8500 per month, covering the following:

- Food SEK 2500
- Accommodation SEK 3000
- Local travel SEK 500
- Telephone/internet SEK 500
- Insurance, personal care SEK 500
- Hobby, leisure, etc. SEK 1500

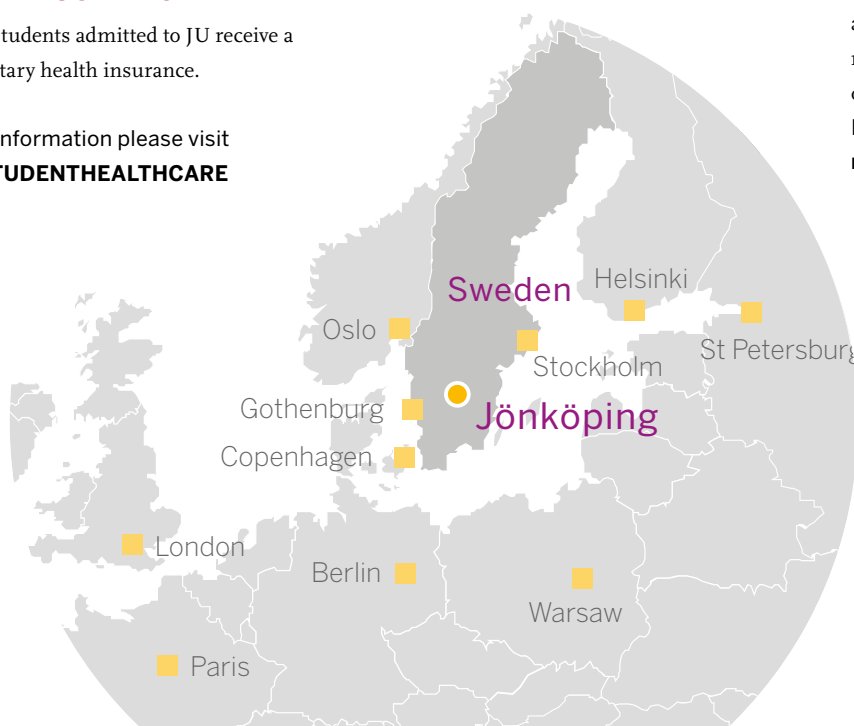
All students, including exchange students, are required to pay the obligatory student union membership fee, which is approximately 300 SEK per semester.

Compare your city's cost of living with the costs in Jönköping at **[numbeo.com](https://numbeo.com)**

## VISA/RESIDENCE PERMIT

Students from countries whose citizens are required to have a visa/residence permit are advised to contact the Swedish embassy or consulate in their home country to start their application for a student visa, which is a procedure that can take two months or more. Students are recommended to apply online.

For more information visit: **[migrationsverket.se](https://migrationsverket.se)**





# SEE YOU IN JÖNKÖPING

We hope that you will come to Jönköping and find your own favorite places and things to do. Here's a wide range of different gyms and opportunities for sport activities. You will also find Dreamhack - the world's largest LAN party here. The music, culture and nightlife in town is also great.

Photo: Peter Appellin



Jönköping University has been acknowledged as one of the few sport-friendly universities in Sweden. At Jönköping University we have our own Sports Arena and you can, amongst other things, join our rowing team together with both Swedish and international students. In The Student Championships in rowing 2016 the team took one gold and two bronze medals in rowing and at rowing marathon in Dusseldorf 2015 they ended up in fourth place.

Photo: Elise Chamberlain



JÖNKÖPING UNIVERSITY

*School of Health and Welfare*



For more information and online application  
visit [ju.se/exchangestudies](https://ju.se/exchangestudies) or contact  
[incoming.student@ju.se](mailto:incoming.student@ju.se)

**JÖNKÖPING UNIVERSITY**

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**FOLLOW US ON SOCIAL MEDIA:**

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