



## COURSE SYLLABUS

# An Occupational Perspective of Health II, 7.5 credits

*An Occupational Perspective of Health II, 7,5 högskolepoäng*

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<b>Course Code:</b> HA2R29	<b>Education Cycle:</b> Second-cycle level
<b>Confirmed by:</b> Utbildningsrådet May 9, 2018	<b>Disciplinary domain:</b> Health sciences
<b>Valid From:</b> Aug 26, 2019	<b>Subject group:</b> TR1
<b>Version:</b> 1	<b>Specialised in:</b> A1N
<b>Reg number:</b> Department of Rehabilitation	<b>Main field of study:</b> Occupational Therapy

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### Intended Learning Outcomes (ILO)

Upon completion of the course the students should have the ability to:

#### Knowledge and understanding

- analyse and problematise theories related to activity-related factors significant for health as well as ill-health
- analyse health and engagement in different activities from the perspectives of equality and equity
- analyse and problematise how human activity affect sustainable health locally as well as globally.

#### Skills and abilities

- independently identify activity-related factors significant for health as well as ill-health
- independently analyse and systematise own knowledge, theoretical starting points and relevant research findings about the significance of occupations for promotion and restoration of health
- contribute with sound arguments and comments in discussions related to the significance of occupations for promotion and restoration of health
- independently show clarity and logic in disposition and linguistic stringency in written documentation.

#### Judgement and approach

- critically review and evaluate own achievements related to intended learning outcomes and identify one's needs for further development with respect to scientific method and argumentation.

### Contents

- occupational theories
- equality and equity
- sustainable health and sustainable development

### Type of instruction

The course is web-based with discussion and seminars through the web-based platform.

The teaching is conducted in English.

### Prerequisites

The applicant must hold the minimum of a bachelor's degree (i.e. the equivalent of 180 ECTS credits at an accredited university) with at least 90 credits in Occupational Therapy or equivalent. Proof of English proficiency is required.

### Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination of the course consists of participation in seminars, written assignments, and critical reviews of a fellow student's assignment, as well as an individually written reflection assignment.

The course examiner is senior university lecturer.

Registration of examination:

Name of the Test	Value	Grading
Examination	7.5 credits	A/B/C/D/E/FX/F

### Other information

#### Attendance requirements

Mandatory attendance of course introduction and seminars using the online web-based platform. Microphone headset to be used in seminars online.

#### Course literature

Christiansen, C. & Townsend, E. (2013). *Introduction to Occupation*. Harlow: Pearson New International Edition.

Cole, M.B. & Creek, J. (Red.). (2016). *Global perspectives in professional reasoning*. Thorofare, N.J.: Slack.

Pollard, N. (Red.). (2008). *A political practice of occupational therapy*. Edinburgh: Churchill Livingstone.

Townsend, E.A., & Polatajko, H.J. (2013). *Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupation*. Ottawa: Canadian Association of Occupational Therapists.

Wilcock, A., & Hocking, C. (2015). *An occupational perspective of health*. Thorofare: Slack.

Whiteford G. E., & Hocking C. (2012). *Occupational Science. Society, Inclusion, Participation*. Maiden: Wiley-Blackwell.

World Federation Occupational Therapy. (2018). *Sustainability Matters: Guiding Principles for Sustainability in Occupational Therapy Practice, Education and Scholarship*.

<http://www.wfot.org/ResourceCentre.aspx>

Additional literature will be chosen in consultation with lecturer.

The most recent editions of the course literature should be used.