



COURSE SYLLABUS

An Occupational Perspective of Health II, 7.5 credits

An Occupational Perspective of Health II, 7,5 högskolepoäng

Course Code: HA2R29	Education Cycle: Second-cycle level
Confirmed by: Utbildningsrådet May 9, 2018	Disciplinary domain: Health sciences
Revised by: Utbildningsrådet May 12, 2020	Subject group: TR1
Valid From: Aug 24, 2020	Specialised in: A1N
Version: 2	Main field of study: Occupational Therapy
Reg number: Department of Occupational Therapy	

Intended Learning Outcomes (ILO)

Upon completion of the course the students should have the ability to:

Knowledge and understanding

- analyse and problematise activity-related factors significant for health as well as ill-health
- analyse health and engagement in different activities from the perspectives of equality and equity
- analyse and problematise how human activity affect sustainable development and sustainable health locally as well as globally.

Skills and abilities

- independently identify activity-related factors significant for health as well as ill-health
- independently analyse and systematise own knowledge, theoretical starting points and relevant research findings about the significance of occupations for promotion and restoration of health
- contribute with sound arguments in relation to the significance of occupations for promotion and restoration of health
- independently show clarity and logic in disposition and linguistic stringency in written reporting.

Judgement and approach

- critically review and evaluate own achievements related to the work conducted and identify one's needs for further development with respect to scientific method and argumentation.

Contents

- occupation and health/ill health
- equality and equity
- sustainable development
- sustainable health

Type of instruction

The course is conducted through discussion and seminars through the web-based platform.

The teaching is conducted in English.

Prerequisites

The applicant must hold the minimum of a bachelor's degree (i.e. the equivalent of 180 ECTS credits at an accredited university) with at least 90 credits in Occupational Therapy or equivalent. Proof of English proficiency is required.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination of the course will be based upon seminars, written assignments, and critical reviews of fellow student's work, as well as an individually written reflection assignment.

A senior university lecturer serves as the course examiner.

Registration of examination:

Name of the Test	Value	Grading
Examination	7.5 credits	A/B/C/D/E/FX/F

Other information

Attendance requirements

Attendance is mandatory during seminars using the online web-based platform. Technical equipment is necessary for full participation in the online seminars.

Course literature

Christiansen, C., & Townsend, E. (2013). *Introduction to Occupation*. Harlow, England: Pearson New International Edition.

Cole, M.B., & Creek, J. (Red.). (2016). *Global perspectives in professional reasoning*. Thorofare, NJ: Slack.

Pollard, N. (Red.). (2008). *A political practice of occupational therapy*. Edinburgh, England: Churchill Livingstone.

Townsend, E.A., & Polatajko, H.J. (2013). *Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupation*. Ottawa, Canada: Canadian Association of Occupational Therapists.

Wilcock, A., & Hocking, C. (2015). *An occupational perspective of health*. Thorofare, NJ: Slack.

Whiteford G. E., & Hocking C. (2012). *Occupational Science. Society, Inclusion, Participation*. Maiden, NC: Wiley-Blackwell.

World Federation Occupational Therapy. (2018). *Sustainability Matters: Guiding Principles for*

Sustainability in Occupational Therapy Practice, Education and Scholarship.

<http://www.wfot.org/ResourceCentre.aspx>

Additional literature will be chosen in consultation with the lecturer.

The most recent editions of the course literature should be used.