



COURSE SYLLABUS

Occupational Therapy for Activity Limitations in Disability and Disease, 30 credits

Arbetsterapi och aktivitetsproblem vid funktionsnedsättning och sjukdom, 30 högskolepoäng

Course Code:	HASN19	Education Cycle:	First-cycle level
Confirmed by:	Utbildningsrådet Nov 27, 2019	Disciplinary domain:	Health sciences (65%) and medicine (35%)
Revised by:	Chairperson of the Educational Council Jun 23, 2020	Subject group:	TR1
Valid From:	Aug 24, 2020	Specialised in:	G2F
Version:	5	Main field of study:	Occupational Therapy
Reg number:	Avdelningen för rehabilitering/Department of Rehabilitation		

Intended Learning Outcomes (ILO)

Upon completion of the course the student should have the ability to:

Knowledge and understanding

Module: Occupational therapy, foundation for application, 6 credits

- describe various occupational therapy models and theoretical foundations for clinical reasoning
- describe various occupational therapy methods for assessing, goal setting, interventions and evaluation related to ICF
- describe conceptual foundations for prevention, improvement and compensatory interventions in relation to the individual's occupational performance
- describe approaches for documentation during the occupational therapy process.

Module: Clinical placement, 6 credits

- identify and understand how various occupational therapy methods for assessing and goal setting, interventions and evaluation, related to ICF, are used in practice
- identify and describe how conceptual foundations for prevention, improvement and compensatory interventions for the individual's occupational performance is used in practice
- identify and explain how occupational therapy process models and clinical reasoning are used in practice
- identify how occupational therapy is documented in practice.

Module: Occupational therapy, application, 18 credits

- explain and describe various occupational therapy methods for assessment, goal setting, intervention and evaluation within the framework of ICF
- explain causes, symptoms, processes of various injuries, diseases and disabilities and their

consequences for the individual's occupation and participation

- demonstrate understanding of the consequences that severe disease can have for clients and relatives
- describe ethical principles in professional practice.

Skills and abilities

Module: Occupational therapy, foundation for application, 6 credits

- identify and describe important tools for the occupational therapist with regard to occupational patterns, occupational analysis and analysis of occupational performance
- apply various data collection methods and instruments to identify individuals' occupational limitations based on ICF
- use clinical reasoning and propose methods for goal setting
- use clinical reasoning and propose interventions at various levels of ICF with regard to improvement of both individuals' functions and occupational performance
- present an account of theoretical grounds, validity and reliability of various instruments and methods for assessing and evaluating the client.

Module: Clinical placement, 6 credits

- demonstrate an ability to meet and professionally communicate with clients, relatives and various professions both orally and in writing.

Module: Occupational therapy, application, 18 credits

- apply various data collection methods and instruments to identify individuals' occupational performance based on ICF
- carry out occupational analysis and performance analysis
- use various methods for goal setting
- apply conceptual foundations for prevention, improvement and compensatory interventions for the individual's occupational performance
- apply knowledge of the significance of contextual factors for the performance of an occupation
- propose and use relevant interventions at various levels according to ICF to improve the individual's occupation and participation
- assess theoretical grounds, validity and reliability of various instruments and methods for investigation and evaluation
- assess theoretical grounds and evaluate the relevance of various interventions
- explain the importance of occupational therapy for enabling occupation and participation to clients, relatives and various professions.

Judgement and approach

Module: Occupational therapy, foundation for application, 6 credits

- reflect on the ethical dilemmas that can arise in professional practice
- reflect on differences between various occupational therapy process models.

Module: Clinical placement, 6 credits

- reflect on one's own ability to show empathy and to act professionally.

Module: Occupational therapy, application, 18 credits

- identify one's own needs for development with regard to knowledge and skills
- reflect on the importance of inter-cultural competence in professional practice.

Contents

Module: Occupational therapy, foundation for application, 6 credits

- occupational therapy process models
- documentation
- ethics
- fundamental knowledge in pathology
- methods and instruments for assessment and evaluation
- goal setting
- interventions

Module: Clinical placement, 6 credits

- occupational therapy process models
- ethics
- clinical reasoning
- communication and interaction

Module: Occupational therapy, application, 18 credits

- *theoretical foundations for occupational therapy interventions*
- *documentation*
- *ethics*
- *methods and instruments for assessment and evaluation*
- *goal setting*
- *pathology*
- *interventions*
- *sociocultural, geopolitical and environmental impacts on occupational performance*

Type of instruction

Module: Occupational therapy, foundation for application, 6 credits

The course is carried out in the form of study groups, lectures, workshops and seminars.

Module: Clinical placement, 6 credits

The course is held in the form of placement studies under supervision of occupational therapists and participation in seminars.

Module: Occupational therapy, application, 18 credits

The course is carried out in the form of study groups, lectures, workshops and seminars.

The teaching is normally conducted in Swedish, but can occasionally be in English.

Prerequisites

General entry requirements and completion of the course Occupational therapy in profession and research, 30 credits, and completion of the course Activity and development throughout life, 30 credits (or the equivalent).

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Occupational therapy, foundation for application, 6 credits

Examination will be based upon an individual oral examination in groups. In addition, participation in seminars and implementation of reflection tasks are required.

Clinical placement, 6 credits

A basis for grading is comprised of assessment documentation from supervisors, participation in seminars and implementation of reflection tasks.

Occupational therapy, application, 18 credits

Examination will be based upon a combined individual written assignment and, oral and practical presentation. In addition, participation in seminars and implementation of reflection tasks are required.

A university lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Occupational therapy, conceptual foundation - individual oral examination in group	4 credits	A/B/C/D/E/FX/F
Occupational therapy, conceptual foundation - reflection assignments and seminars	2 credits	U/G
Clinical placement including seminar	5.5 credits	A/B/C/D/E/FX/F
Clinical placement - reflection assignments	0.5 credits	U/G
Occupational therapy, application - combined individual written assignment and oral and practical presentation	14 credits	A/B/C/D/E/FX/F
Occupational therapy, application - reflection assignments and seminars	4 credits	U/G

Other information

Attendance regulations

Module: Clinical placement, 6 credits, requires compulsory attendance of 36 hours per week within placement.

Temporary interruption of a course

The School of Health and Welfare may suspend a student's participation in clinical training or other practical activities during the course if a student demonstrates gross unfitness/incompetence when applying skills. A student whose work-based training or other practical activities have been canceled due to gross inadequacy/incompetence may not continue study before the course director or examiner has verified and approved that the student has the

knowledge and skills required. In connection with a decision on suspension, the decision will specify the grounds on which the suspension is based. After the decision, an individual plan will be established for the student where knowledge and skills gaps are specified, the degree of support the student is entitled to, and the terms and date(s) for examination(s).

Limitations on the number of occasions for placement

Interruption of placement or other clinical/practical activities due to gross unfitness/incompetence when applying skills is considered a missed occasion. Students who have failed three placements in the same course must discontinue their studies in the program in question. A student who has been failed three times on their placement will be offered counselling with student counsellor.

Course literature

Module: Occupational therapy, foundation for application, 6 credits

Erlandsson, L. E., Eklund, M., & Persson, D. (2011). Occupational value and relationships to meaning and health: Elaborations of the ValMO-model. *Scandinavian Journal of Occupational Therapy*, 18, 72–80.

Fischer, A.G., & Marterella, A. (2019). *Powerful Practice: A Model for Authentic Occupational Therapy*. Fort Collins, CO: CIOTS, Center for Innovative OT Solutions, INC.

Hamblen, D. J., & Simpson, H.R.W. (2010). *Adams' s outline of orthopaedics*. Edinburgh, England: Elsevier.

Huether, S.E., & McCance, K.L. *Understanding Pathophysiology*, (with CD). Missouri, MO: Mosby.

Iian, W., & Graham, L. (2005). *Essential Neurology*. Malden, MA: Blackwell publishing.

Taylor, R. R. (2017). *Kielhofner's Model of Human Occupation: theory and application*. Philadelphia, PA: Wolters Kluwer Health.

Townsend, E.A. & Polatajko, H. J. (2013). *Enabling Occupation II: Advancing an Occupational Therapy Vision for Health, Well-being, & Justice through Occupation*. Ottawa, Ontario, Canada: CAOT Publications ACE.

Module: Clinical placement, 6 credits

Swedish Association of Occupational Therapists. (2016). *Ethical code for occupational therapists*. Nacka, Sweden: Swedish Association of Occupational Therapists.

Taylor, R. (2008). *The Intentional relationship. Occupational therapy and use of self*. Philadelphia, PA: F.A. Davis Company.

Van Servellen, G. (Ed.). (2009). *Communication skills for the health care professional: Concepts, practice, and evidence*. Sudbury, Mass., Canada: Jones and Bartlett.

Additional literature is chosen in consultation with teacher and supervisor based on the area of practice, approx. 500 pages.

Module: Occupational therapy, application, 18 credits

Bryant, W., Fieldhouse, J., Bannigan, K., & Creek, J. (2014). *Creek's occupational therapy and mental health*. Edinburgh, England: Churchill Livingstone.

Can, J., & Shepherd, R. (2010). *Neurological Rehabilitation. Optimizing Motor Performance*. Oxford, England: Churchill Livingstone.

Dawson, D., McEwen, S., Polatajko, H. (Ed). (2017). *Cognitive Orientation to daily Occupational Performance in Occupational Therapy*. Washington, WA: American Association of Occupational Therapy Press.

Hamblen, D. J., & Simpson, H.R.W. (2010). *Adams 's outline of orthopaedics*. Edinburgh, England: Elsevier.

Iwarsson, S. (2014). *The Enabler Web Site*. Retrieved 2018-12-11 from <http://www.enabler.nu/>

Kielhofner, G. (2009). *Conceptual Foundations of Occupational Therapy*. Philadelphia, PA: F.A. Davis Company.

National Board of Health and Welfare. (2003). *Classification of functional disorders, disabilities and health – ICF*. Stockholm, Sweden: National Board of Health and Welfare.

Schmid, T. (2005). *Promoting health through creativity*. London, England: John Wiley and Sons.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.