

## **COURSE SYLLABUS**

# Gerontological and Geriatric Nursing, 4.5 credits

Gerontologisk och geriatrisk omvårdnad, 4,5 högskolepoäng

Course Code: HGGN11 **Education Cycle:** First-cycle level Confirmed by: Director of Education < MISSING VALUE> Disciplinary Health sciences

Valid From: Feb 8, 2021

Version: Reg number:

Specialised in: G2F Avdelningen för omvårdnad/Department

Main field of study: Nursing

domain:

Subject group:

OM1

# Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

# Knowledge and understanding

- describe biological, psychological and social ageing
- describe and demonstrate an understanding of ageing and the individual from a lifespan perspective
- · describe geriatric nursing where health is failing and for health promotion
- demonstrate an understanding of geriatric medical treatments and polypharmacy.

#### Skills and abilities

- identify the need for, and provide, co-productive nursing that promotes the health and alleviates the suffering of elderly people and those close to them
- apply knowledge of biological, psychological and social ageing as well as of factors that promote healthy ageing.

### Judgement and approach

- demonstrate the ability to see the individual from a holistic and lifespan perspective with the aim of promoting health in the context of geriatric co-produced nursing
- reflect on how attitudes and values affect how the elderly are greeted and treated.

#### Contents

- biological, psychological and social ageing
- common physical and mental health conditions (cognitive impairment included therein)
- gerontological and geriatric nursing
- comorbidity
- medical treatment
- documentation
- quality register
- assessment instruments
- threats, violence and abuse in close relationships
- acts and other legislation

# Type of instruction

The teaching is conducted in English.

# **Prerequisites**

General entry requirements and successful completion of semester 1 courses (or equivalent knowledge). Semester 1 comprises: Nursing Science – Profession, Subject and Science, 15 credits; Human Physiology and Anatomy for Nurses, 7.5 credits; Applied physiology and anatomy in nursing, 3 credits; and, Psychology, Nursing 4.5 credits. Additionally, completion of semester 2 and 3 courses (or equivalent knowledge) is also required. Semester 2 comprises: Medical Microbiology, Hospital Infection Control and Immunology for Nurses, 7.5 credits; Person-centered Care, Caring Approach and Communication, 7.5 credits; and, Practical Fundamentals In Nursing and Safety, 15 credits. Semester 3 comprises: Nursing in Health Problems, 15 credits; and, Pathophysiology and Pharmacology for Nurses, 15 credits.

# **Examination and grades**

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars, written assignments and practical application.

A university senior lecturer serves as examiner for the course.

## Registration of examination:

Name of the Test	Value	Grading
Written individual examination	2.5 credits	A/B/C/D/E/FX/F
Seminars	1 credit	U/G
Written assignments	0.5 credits	U/G
Practical application	0.5 credits	U/G

# Other information

The course is only eligible for international students coming to Jönköping University on shorter exchange than a whole semester.

#### Course literature

Redfern, S.J., & Ross, F.M. (2005). Nursing older people. London: Churchill Livingstone.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.