



## COURSE SYLLABUS

# Health and Welfare in a Changing Society, 4.5 credits

*Hälsa och välfärd i ett föränderligt samhälle, 4,5 högskolepoäng*

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<b>Course Code:</b> HHFN10	<b>Education Cycle:</b> First-cycle level
<b>Confirmed by:</b> Utbildningsrådet Nov 27, 2018	<b>Disciplinary domain:</b> Health sciences
<b>Revised by:</b> Director of Education Nov 28, 2019	<b>Subject group:</b> OM1
<b>Valid From:</b> Jan 20, 2020	<b>Specialised in:</b> G2F
<b>Version:</b> 5	<b>Main field of study:</b> Nursing
<b>Reg number:</b> 2019/ Department of Nursing	

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### Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

#### Knowledge and understanding

- explain health and determinants of health from individual, group and societal perspectives at national and global levels
- explain basic: means of control embodied in health policies; and, concepts and definitions in health economics
- describe, from a life course perspective, the impact of environment and lifestyle on health.

#### Skills and abilities

- argue why environmental resources, obstacles and risks impact on human health
- apply theories and concepts relevant to health-promotion in nursing
- relate national goals of public health to the global sustainable development goals

#### Judgement and approach

- reflect on how nurses attitudes and societal attitudes, values and approaches affect prospects for health.

### Contents

- public health – theories, concepts and definitions
- health concepts and perspectives of health
- epidemiology
- sociology
- social psychology
- health economics
- determinants of health
- intersectional perspectives of health
- migration
- violence in close relationships

### Type of instruction

The course is implemented through lectures, seminars and study assignments.

The teaching is conducted in English.

### Prerequisites

General entry requirements and successful completion of semester 1 courses (or equivalent knowledge). Semester 1 comprises: Nursing Science – Profession, Subject and Science, 15 credits; Human Physiology and Anatomy for Nurses, 7.5 credits; Applied physiology and anatomy in nursing, 3 credits; and, Psychology, Nursing 4.5 credits. Additionally, completion of semester 2 and 3 courses (or equivalent knowledge) is also required. Semester 2 comprises: Microbiology, Hospital Infection Control and Immunology for Nurses, 7.5 credits; Person-centered Care, Caring Approach and Communication, 7.5 credits; and, Practical Fundamentals In Nursing and Safety, 15 credits. Semester 3 comprises: Nursing in Health Problems, 15 credits; and, Pathophysiology and Pharmacology for Nurses, 15 credits.

### Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and written assignments.

A university senior lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Written individual examination	2 credits	A/B/C/D/E/FX/F
Seminars	1 credit	U/G
Written assignments	1.5 credits	U/G

### Course literature

Denny, E., Earle, S., & Hewison, A. (Ed.). (2016). *Sociology for Nurses*. London: Wiley.

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. London: Sage.

### Alternatives to Denny

Ingstad, K. (2015). *Sociologi för sjuksköterskor*. Lund: Studentlitteratur.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.