



COURSE SYLLABUS

Health and Welfare in a Changing Society, 4.5 credits

Hälsa och välfärd i ett föränderligt samhälle, 4,5 högskolepoäng

Course Code: HHFN10	Education Cycle: First-cycle level
Confirmed by: Utbildningsrådet Nov 27, 2018	Disciplinary domain: Health sciences
Revised by: Director of Education May 30, 2022	Subject group: OM1
Valid From: Aug 22, 2022	Specialised in: G2F
Version: 6	Main field of study: Nursing

Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

Knowledge and understanding

- explain health and determinants of health from individual, group and societal perspectives at national and global levels
- explain basic: means of control embodied in health policies; and, concepts and definitions in health economics
- describe, from a life course perspective, the impact of environment and lifestyle on health.

Skills and abilities

- argue why environmental resources, obstacles and risks impact on human health
- apply theories and concepts relevant to health-promotion in nursing
- relate national goals of public health to the global sustainable development goals

Judgement and approach

- reflect on how nurses attitudes and societal attitudes, values and approaches affect prospects for health.

Contents

- public health – theories, concepts and definitions
- health concepts and perspectives of health
- epidemiology
- sociology
- social psychology
- health economics
- determinants of health
- intersectional perspectives of health
- migration
- violence in close relationships

Type of instruction

The course is implemented through lectures, seminars and study assignments.

The teaching is conducted in English.

Prerequisites

General entry requirements and successful completion of semester 1 courses (or equivalent knowledge). Semester 1 comprises: Nursing Science – Profession, Subject and Science, 15 credits; Human Physiology and Anatomy for Nurses, 7.5 credits; Applied physiology and anatomy in nursing, 3 credits; and, Psychology, Nursing 4.5 credits. Additionally, completion of semester 2 and 3 courses (or equivalent knowledge) is also required. Semester 2 comprises: Microbiology, Hospital Infection Control and Immunology for Nurses, 7.5 credits; Person-centered Care, Caring Approach and Communication, 7.5 credits; and, Practical Fundamentals In Nursing and Safety, 15 credits. Semester 3 comprises: Nursing in Health Problems, 15 credits; and, Pathophysiology and Pharmacology for Nurses, 15 credits.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and written assignments.

A university lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Written individual examination	2 credits	A/B/C/D/E/FX/F
Seminars	1 credit	U/G
Written assignments	1.5 credits	U/G

Course literature

Denny, E., Earle, S., & Hewison, A. (Ed.). (2016). *Sociology for Nurses*. London: Wiley.

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. London: Sage.

Alternatives to Denny

Ingstad, K. (2015). *Sociologi för sjuksköterskor*. Lund: Studentlitteratur.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.