



COURSE SYLLABUS

Health and Health Problems in Children and Families, 4.5 credits

Hälsa och hälsoproblem hos barn och familj, 4,5 högskolepoäng

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| Course Code: HHHN10 | Education Cycle: First-cycle level |
| Confirmed by: Utbildningsrådet Nov 27, 2018 | Disciplinary domain: Health sciences |
| Revised by: Director of Education May 30, 2022 | Subject group: OM1 |
| Valid From: Aug 22, 2022 | Specialised in: G2F |
| Version: 5 | Main field of study: Nursing |

Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

Knowledge and understanding

- describe children's development
- describe health and failing health in children and its impact on families.

Skills and abilities

- apply a caring approach and, with the aim of supporting and strengthening health and alleviating suffering by demonstrate communicative skills when talking with children and families
- identify children at risk of harm and act on the basis of acts and other legislation
- identify children's needs for nursing in failing health and discuss and problematise co-produced nursing in relation to children and families.

Judgement and approach

- reflect on own values and approach as well as on care environments in meetings with children and families
- reflect on children's and families' prospects for health in a global perspective.

Contents

- Children's perspectives and children's rights
- Family-centred nursing
- Ill health, variations in ability and nursing problems in children and adolescents
- In connection with nursing and treatment, communicating with and preparing children
- Procedure-related pain
- Global perspective of family health

Type of instruction

The course is implemented through lectures, seminars and study assignments.

The teaching is conducted in English.

Prerequisites

General entry requirements and successful completion of semester 1 courses (or equivalent knowledge). Semester 1 comprises: Nursing Science – Profession, Subject and Science, 15 credits; Human Physiology and Anatomy for Nurses, 7.5 credits; Applied physiology and anatomy in nursing, 3 credits; and, Psychology, Nursing 4.5 credits. Additionally, completion of semester 2 and 3 courses (or equivalent knowledge) is also required. Semester 2 comprises: Medical Microbiology, Hospital Infection Control and Immunology for Nurses, 7.5 credits; Person-centered Care, Caring Approach and Communication, 7.5 credits; and, Practical Fundamentals In Nursing and Safety, 15 credits. Semester 3 comprises: Nursing in Health problems, 15 credits; and, Pathophysiology and Pharmacology for Nurses, 15 credits.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and written assignments.

A university senior lecturer serves as examiner for the course.

Registration of examination:

| Name of the Test | Value | Grading |
|--------------------------------|-------------|----------------|
| Individual written examination | 2 credits | A/B/C/D/E/FX/F |
| Seminars | 1.5 credits | U/G |
| Written assignments | 1 credit | U/G |

Course literature

Muscari, M.E. (2015). *Pediatric nursing*. Philadelphia: Wolters Kluwer.

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. London: Sage.

UN. (1989). *Convention on the Rights of the Child*. Downloaded from <http://www.unicef.org>

Alternative to Muscari

Hallström, I., & Lindberg, T. (Red.). (2015). *Pediatrisk omvårdnad*. Stockholm: Liber.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.