



COURSE SYLLABUS

Occupational Balance and its Importance for Health and Wellbeing, 3 credits

Aktivitetsbalans och dess betydelse för hälsa och välbefinnande, 3 högskolepoäng

Course Code: HHVN10	Education Cycle: First-cycle level
Confirmed by: Utbildningsrådet Oct 23, 2018	Disciplinary domain: Health sciences
Revised by: Utbildningsrådet Apr 21, 2020	Subject group: TR1
Valid From: Jan 25, 2021	Specialised in: G2F
Version: 3	Main field of study: Occupational Therapy
Reg number: Avdelningen för rehabilitering	

Type of instruction

The teaching is normally conducted in Swedish, but can occasionally be in English.

Prerequisites

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Registration of examination:

Name of the Test	Value	Grading
Individual written assignment	3 credits	A/B/C/D/E/FX/F

Course literature