



COURSE SYLLABUS

Personcentered and Family-focused Approach in the Care of Older People, 7.5 credits

Personcentrerat och familjefokuserat förhållningssätt vid vård av äldre, 7,5 högskolepoäng

Course Code: HPFR20	Education Cycle: Second-cycle level
Confirmed by: Director of Education Feb 27, 2020	Disciplinary domain: Health sciences
Valid From: Aug 24, 2020	Subject group: OM1
Version: 1	Specialised in: A1N
Reg number: Institute of Gerontology	Main field of study: Nursing

Intended Learning Outcomes (ILO)

After completing the course the student will be able to:

Knowledge and understanding

- problematize theoretical fundamentals in underlying theories of person centered care and family focused nursing
- account for experiences and meaning of person centered care and family focused nursing in care of older people
- account for the use of relevant forms of conversation to illuminate health related problems while considering the needs of the older person, their carers and family.

Skills and abilities

- hold conversations aiming at identifying what is significant for the older person and reflect upon how this can be incorporated in the care planning of the older person
- hold conversations aiming at identifying family carers needs and resources and reflect upon these in care planning of the older person
- hold conversations aiming at raising family awareness of the significance of reciprocal influences for family wellbeing and function
- in conversations, support the older person and their family's learning and managing of identified problems and resources.

Judgement and approach

- assess and reflect on participation and partnership in care of the older person and their family
- in relation to course content reflect on the use of developed knowledge and ability in one's own caring practice in care of older people.

Contents

- ethics
- family focused nursing

- person centered care
- conversation with older persons, family carers and family
- conversation methods and analysis

Type of instruction

The teaching is based on the principles of problembased thinking with active knowledge seeking, and an integrated learning. The teacherled instruction consists of recorded lectures, group work and seminars.

The teaching is normally conducted in Swedish, but can occasionally be in English.

Prerequisites

General entry requirements including Degree of Bachelor of Science in Nursing or Degree of Bachelor of Science in Caring Science or equivalent.

Examination and grades

The course is graded Fail (U) or Pass (G).

To receive a passing grade the expected study results has to be achieved.

For the final course grade Pass both examination assignment 1 and 2 has to be graded Pass. Grade criteria is listed for each of the examination assignments and form the basis for grading. If the university has decided that a student is entitled to special pedagogical support due to a disability, the examiner has the right to give a customised exam or to have the student conduct the exam in an alternative way.

Repeated examination is offered in accordance with Local regulations for courses and examination at the first and second-cycle level at Linnaeus University.

Registration of examination:

Name of the Test	Value	Grading
Verbal and written group examination	3 credits	U/G
Individual written home assignment	4.5 credits	U/G

Course evaluation

During the implementation of the course or in close conjunction with the course, a course evaluation is to be carried out. Results and analysis of the course evaluation are to be promptly presented as feedback to the students who have completed the course. Students who participate during the next course instance receive feedback at the start of the course. The course evaluation is to be carried out anonymously.

Credit Overlap

The course cannot be included in a degree along with the following courses of which the

content fully, or partly, corresponds to the content of this course: 4VÅ270, 7.5 credits

Course literature

Benzein, E., Hagberg, M., & Saveman, BI. (2017). *Att möta familjer inom vård och omsorg*. Lund, Sverige: Studentlitteratur, (288 s). ISBN: 9789144115870

Blomqvist, K., Edberg, AK., Ernst Bravell, M., & Wijk, H. (2017). *Omvårdnad & äldre*. Lund, Sverige: Studentlitteratur, (701 s). ISBN: 9789144102795

Dahlberg, K., & Ekman, I (red.) (2017). *Vägen till patientens värld och personcentrerad vård - Att bli lyssnad på och förstådd*. Stockholm, Sverige: Liber, (356s). ISBN: 9789147112715

Edberg, A-K., Ehrenberg, A., Friberg, F., Wallin, L., Wijk, H., & Öhlén, J. (2013). *Omvårdnad på avancerad nivå kärnkompetenser inom sjuksköterskans specialistområden*. Lund. Sverige: Studentlitteratur, (264 s). ISBN: 9789144071459

Ekman, I. (Red.). (2014). *Personcentrering inom hälso och sjukvård. Från filosofi till praktik*. Stockholm, Sverige: Liber, (261 s). ISBN: 9789147114054

Sandman, L., & Kjellström, S. (2018). *Etikboken Etik för vårdande yrken*. Lund, Stockholm, Sverige: Studentlitteratur, (406 s). ISBN: 9789144120539

Current scientific articles, policy documents and statutes will be added.