

COURSE SYLLABUS

Palliative Nursing Care, 4.5 credits

Palliativ omvårdnad, 4,5 högskolepoäng

Course Code:	HPON10	Education Cycle:	First-cycle level
Confirmed by:	Utbildningsrådet Nov 27, 2018	Disciplinary domain:	Health sciences
Revised by:	Department head Nov 30, 2020	Subject group:	OM1
Valid From:	Feb 15, 2021	Specialised in:	G2F
Version:	5	Main field of study:	Nursing
Reg number:	Avdelningen för omvårdnad/Department of Nursing		

Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

Knowledge and understanding

- give details of palliative nursing and the philosophy of palliative care
- give details of the care of patients and those close to them in the event of death
- demonstrate an understanding of existential, social and cultural dimensions of the grieving process.

Skills and abilities

- hold the difficult conversations with patients and those close to them
- identify palliative nursing needs and plan the carrying out and evaluation of nursing.

Judgement and approach

- with a person-centred perspective regarding patients and those close to them, reflect on culture, ethics and human rights in co-produced, palliative nursing
- reflect on and analyse own thoughts at the approach of death and problems of separating own and other's needs in the nursing of dying patients.

Contents

- Palliative nursing
 - patient, close relative/friend and professional perspectives
 - symptoms and symptom alleviation
 - complementary treatment methods
- The philosophy and core values of palliative care
 - the grieving process
 - existential, spiritual and cultural dimensions
 - the difficult conversations (transition to palliative care included therein)
- Care in the event of death
- Acts and other legislation

Type of instruction

The course is implemented through lectures, seminars, study assignments and practical application at a clinical training centre (CTC).

The teaching is conducted in English.

Prerequisites

General entry requirements and successful completion of semester 1 courses (or equivalent knowledge). Semester 1 comprises: Nursing Science – Profession, Subject and Science, 15 credits; Human Physiology and Anatomy for Nurses, 7.5 credits; Applied physiology and anatomy in nursing, 3 credits; and, Psychology, Nursing 4.5 credits. Additionally, completion of semester 2 and 3 courses (or equivalent knowledge) is also required. Semester 2 comprises: Medical Microbiology, Hospital Infection Control and Immunology for Nurses, 7.5 credits; Person-centered Care, Caring Approach and Communication, 7.5 credits; and, Practical Fundamentals In Nursing and Safety, 15 credits. Semester 3 comprises: Nursing in Health Problems, 15 credits; and, Pathophysiology and Pharmacology for Nurses, 15 credits.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and practical application.

A university senior lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Individual written examination	2.5 credits	A/B/C/D/E/FX/F
Seminars	1 credit	U/G
Practical application	1 credit	U/G

Other information

Clinical Placement-integrated learning (VIL) provides 1 of the course's total of 4.5 credits.

Course literature

Walshe, C., Preston, N., & Johnston, B. (Ed.). (2017). *Palliative care nursing: Principles and evidence for practice*. Open university press.

Alternative

Andershed, B., & Ternestedt, B-M. (Red.). (2020). *Palliativ vård: begrepp och perspektiv i teori och praktik*. Studentlitteratur.

The latest edition of the course literature shall be used.
Scientific articles and other study materials will be added.