



## KURSPLAN

# Psychiatric Nursing, 4,5 högskolepoäng

*Psychiatric Nursing, 4.5 credits*

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<b>Kurskod:</b>	HPNN10	<b>Utbildningsnivå:</b>	Grundnivå
<b>Fastställd av:</b>	Utbildningsrådet 2019-11-05	<b>Utbildningsområde:</b>	Vård
<b>Gäller fr.o.m.:</b>	2020-01-20	<b>Ämnesgrupp:</b>	OM1
<b>Version:</b>	1	<b>Fördjupning:</b>	G2F
<b>Diarienummer:</b>	Department of Nursing Science	<b>Huvudområde:</b>	Omvårdnad

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### Lärandemål

Upon completion of the course, the student should have the ability to:

#### Kunskap och förståelse

- give details of pathophysiology, symptoms, diagnostics and treatment of common psychiatric health conditions
- in regard to failing mental health, give details of and explain the mechanisms of action, effects, uses and side effects of medical treatment
- give details of nursing in cases of mental health problems.

#### Färdighet och förmåga

- discuss and problematise the consequences of co-produced nursing in relation to mental health problems.

#### Värderingsförmåga och förhållningssätt

- reflect on and discuss how own approach and care environments affect meetings with patients and relatives
- reflect on stigmatisation in connection with mental health problems
- identify and discuss ethical dilemmas that can arise in nursing in connection with mental health problems.

### Innehåll

- Psychopathology, treatment methods, pharmacology and care in:

- psychosis
- neuropsychiatric disorders
- anxiety and sleeping disorders
- suicide
- bipolar disorder
- depression
- dependency problems

- The recovery process for:

- patients

- those close to patients
  - care staff
  - society
- Stigmatisation
  - The situation and roles of those close to patients
  - Theories, models and concepts in psychiatric care

### Undervisningsformer

The course is implemented through lectures, seminars, study assignments and practical application at a clinical training centre (CTC).

Undervisningen bedrivs på engelska.

### Förkunskapskrav

General entry requirements and successful completion of courses equivalent to 60 credits regarding basic knowledge in the field of nursing such as fundamentals of nursing and nursing in relation to general health problems. Students should also have basic knowledge in physiology and anatomy, microbiology, general pathophysiology and pharmacology as well as psychology.

### Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Examination will be uses upon written individual examination, seminars, written assignments, practical application exercises at CTC.

A university senior lecturer serves as examiner for the course.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Individual written examination	2,5 hp	A/B/C/D/E/FX/F
Seminars	1 hp	U/G
Written assignments	0,5 hp	U/G
Practical application	0,5 hp	U/G

### Övrigt

The course is only eligible for international students coming to Jönköping University on shorter exchange than a whole semester.

### Kurslitteratur

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). Global Health. London: Sage.

Varcarolis, E.M. (2017). Essentials of Psychiatric Mental Health Nursing: A Communication Approach to Evidence-Based Care. New York: Elsevier.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.