



## KURSPLAN

# Nursing Science, Reflective Practice, 15 högskolepoäng

*Nursing Science, Reflective Practice, 15 credits*

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Kurskod:	HREB18	Utbildningsnivå:	Grundnivå
Fastställd av:	Utbildningsrådet 2011-10-24	Utbildningsområde:	Vård
Reviderad av:	Avdelningschef 2013-08-26	Ämnesgrupp:	OM1
Gäller fr.o.m.:	2013-08-26	Fördjupning:	G2F
Version:	3	Huvudområde:	Omvårdnad
Diarienummer:	HHJ 2013/725 (313) Department of Nursing Science		

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## Lärandemål

Upon completion of the course the student should have the

Knowledge and understanding in order to

- describe the theoretical foundations of reflection
- use current research findings to support new knowledge

Skills and ability in order to

- use a reflective journal or clinical incident report related to the clinical placement
- identify key areas for reflection in clinical practice.
- recognize and apply the value of systematic reflection in nursing practice
- critically analyze and evaluate nursing practice
- critically analyze current research findings in regards to reflection.

Values and attitudes in order to

- reflect on ethical and cultural issues which influence nursing profession
- value the process of reflection as a tool to enhance nursing practice
- be aware of different communication pattern and life experiences of patients, families and health care professions
- be aware of ethical and cultural differences in cultural diverse nursing practice
- accomplish critical assessment of using reflective journal/clinical incident report for evaluation of learning outcome

## Innehåll

- theoretical principles of reflection
- systematic processes of reflection
- values and attitudes influencing on nursing practice
- reflection in clinical nursing practice situation
- ethical and cultural values in a diverse nursing practice

## Undervisningsformer

Attendance requirements:

Attendance is compulsory in scheduled classes and 120 hours of clinical practice.

Study methods:

Individual studies, teaching sessions, written assignments, seminars, clinical practice and field studies.

Study rate:

Full time

Undervisningen bedrivs på engelska.

## Förkunskapskrav

For students enrolled in School of Health Sciences` partner universities, the eligibility requirement of the respective departments apply in accordance with the above qualifications. Passing grades in courses of 30 up/credits in the main subject of Nursing depth study A, including Basic Science 7,5 up/credits or equivalent.

## Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Exam form:

Individual reflective papers and clinical evaluation.

Examiner:

University lecturer serves as the course examiner.

Grades:

Grades will be awarded upon completion of the course. According to the ECTS Grading Scale the following grades will be used: A/Excellent, B/Very good, C/Good, D/Satisfactory, E/Sufficient, FX/Fail, F/Fail (for a further definition of the ECTS Grading Scale, see the appendix on general regulations).

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Examination	15 hp	A/B/C/D/E/FX/F

## Kurslitteratur

Jasper, M. (2013). *Beginning Reflective Practice*. Second Edition. UK: Cengage Learning.

Rolfe, G., Jasper, M., Freshwater, D. (2011). *Critical Reflection in Practice Generating Knowledge for Care*. Hampshire UK: Palgrave MacMillan

Taylor B.J. (2006). *Reflective Practice. A Guide for Nurses and Midwives*. Second Edition. Berkshire: McGraw-Hill House.

Research articles.

Relevant textbooks for chosen area of reflection.

The most recent editions of the course literature should be used.

**Registration no**

HHJ Dnr 2013/725

Department of Nursing Science