

Guide to 30 weekly minutes of Academic Teachership

Empowering Your Teaching Practice and Fostering Continuous Development

Meeting Duration

20-30 minutes

Purpose

To book a meeting with yourself each week to reflect on, explore, and enhance your pedagogical practices, and create continuous development as well as collegial collaboration.

Meeting Agenda

1. Reflect (5 Minutes)

Review your recent teaching experience

Think about your recent classes, lectures, or interactions with students. Consider what worked well and what challenges you faced.

Student Feedback

If available, review student feedback and comments. What are students saying about your teaching methods, assignments, and course materials?


2. Explore (10 Minutes)

Explore New Pedagogical Ideas

Spend some time researching or brainstorming innovative teaching methods, technologies, or resources that you can incorporate into your teaching.

Professional Development

If you don't have solutions on your own, identify activities like workshops, seminars, or courses related to teaching and learning that you can participate in to enhance your skills.



3. Enhance (5 Minutes)

Set specific goals

Choose one or two things about your teaching that you would like to improve, not change. Save the changes for between semesters. These improvements could be about content delivery, assessment strategies, or engagement techniques.

Action plan

This is a few words in a document or on paper. Develop a brief action plan outlining the steps you'll take to achieve your teaching improvement goals.

4. Collaborate (5 Minutes) – if you wish

Colleague interaction

Reach out to a colleague. Share your reflections and goals. Ask their insights or advice.

Collegial network

Participate in teaching networks or forums that span across your school or the entire university. Collaborate with peers to exchange ideas and experiences.

Keys

Consistency matters, so make this weekly meeting a habit. Book a recurring meeting.

Document everything but keep it short. Keep a notepad or a document with notes.

Don't be afraid of collegial collaboration. It is easier to improve education together.

Stay updated and share. Stay informed about the latest trends and research in teaching.

Are you curious about how Educate can support you, which activities are available or how to stay up to date? Have a look at ju.se/educate.

Recommended reading

Kathleen McKinney's "The Scholarship of Teaching and Learning: Past Lessons, Current Challenges, and Future Visions", Creative Commons License.

<http://dx.doi.org/10.3998/tia.17063888.0022.003>

The Swedish Association of University Teachers and Researchers' *Academic teachership*, Klara Bolander Laksov & Max Scheja, Department of Education, Stockholm university. ISBN 978-91-986181-0-5