



JÖNKÖPING UNIVERSITY

School of Health and Welfare

# STARTYOUR EXCHANGE JOURNEY HERE

SCHOOL OF HEALTH
AND WELFARE
2018/2019



In Jönköping, there's something for everyone. We hope that you'll discover your own favorite places and fun things to do in your spare time. From sports and recreation, to Dreamhack - the world's largest LAN-party, there are countless things to do. There's even a wide variety of music and nightlife in Jönköping.

#### **3 REASONS TO CHOOSE JÖNKÖPING UNIVERSITY**

INTERNATIONAL ENVIRONMENT

Jönköping University is one of Sweden's leading universities in the area of internationalisation and has an extensive exchange programme with approximately 350 partner universities worldwide.

#### **GLOBAL CAREER**

Did you know that Sweden is the birthplace of many world-shaping companies? Why not kick-start a global career by studying at Jönköping University?





PRACTICAL WORK EXPERIENCE

The university uses the business world as a platform for education- and many courses incorporate internships, company visits, guest lectures, case studies, etc. for students to gain real world experience and create a network.

JU Solar Team consisting of twenty-five students with different backgrounds, education and experience competed with their own-built solar car in Bridgestone World Solar Challenge 2017. They finished

in eighth place!

Sweden is known for being a clean, beautiful country, covered with lakes and forests. It's inhabited by 10 million people who are friendly, open-minded and welcoming. This is all true. What you have heard about high living standards and low crime rates is true as well. Furthermore, Sweden is an international powerhouse in the fields of design and music, boasting acts such as Avicii, Robyn and Icona Pop. Lots of great innovations originated in Sweden as well, for example TetraPak, the pacemaker, Skype and Spotify. And let's not forget IKEA.





Jönköping University is one of Sweden's leading universities in the area of internationalisation and has an extensive exchange programme with approximately 350 partner universities worldwide. The campus has a truly international and academic environment with students and staff from all parts of the world.

#### SCHOOL OF HEALTH AND WELFARE

As one of Sweden's prime educators in the field of health sciences, health care and social work, the School of Health and Welfare offers high academic quality and distinct profile areas. The School's experience of education and research is long and substantial, and you will be given access to a learning environment that is up-to-date and relevant. The School of Health and Welfare has a strong focus on international collaboration in education and research.

#### **PROGRAMMES AT SCHOOL OF HEALTH AND WELFARE**

#### PROGRAMMES CONDUCTED IN SWEDISH

#### **Undergraduate programmes**

A number of courses within the programmes are offered in English for exchange students.

- · Biomedical Laboratory Science, focusing Laboratory Medicine, 180 credits
- · Biomedical Laboratory Science, focusing Clinical Physiology, 180 credits
- Dental Hygiene, 180 credits
- · Diagnostic Radiology Nursing, 180 credits
- Nursing, 180 credits
- · Occupational Therapy, 180 credit
- · Social Work, 210 credits

#### **Master programmes**

- · Gerontology, 60 credits
- · Nordic Master Degree Programme in Gerontology, 120 credits
- Occupational Therapy, 60/120 credits
- · Master Programme on Quality Improvement and Leadership in Health and Welfare, 60/120 credits
- Nursing Science, 60 credits
- · Oral Health Science, 60 credits
- · Social Work, 60 credits

#### PROGRAMMES CONDUCTED IN ENGLISH

#### **Undergraduate programmes**

· Prosthetics and Orthotics, 180 credits

#### **Master programmes**

- · Occupational Therapy, 60/120 credits
- · Interventions in Childhood, 60 credits

#### STUDIES AT JU

#### CREDITS AND WORKLOAD

In Swedish higher education, the workload of a course is based on the amount of credits that a course is worth. 1.5 credits is equivalent to approximately 40 hours (I week) of work, which includes lecture hours, group work, seminars, homework etc. Students participating in exchange will receive full credit for all academic work successfully carried out during their

exchange semester. Full time study is 30 credits per semester which is equivalent to 30 ECTS credits.

#### ACADEMIC CALENDAR

The academic year consists of 40 weeks, divided into two semesters: August -January (autumn semester) and January - June (spring semester). There are no holidays during the semesters.

#### **EXAMINATIONS** AND RE-EXAMINATIONS

There are different forms of examinations in the courses. Examinations can be scheduled on weekdays, evenings as well as Saturdays or Sundays. Jönköping university allows students to take re-examinations in failed courses. However, re-examinations can only be taken at Jönköping University.

#### **ACADEMIC CALENDAR**

| AUTUMN SEMESTER 2018   | SPRING SEMESTER 2019   |
|--|--|
| Arrival and pick-up service: 16 - 19 August                            | Arrival and pick-up service: 12 - 13 January                         |
| Introduction week (Compulsory): 20 - 24 August                         | Introduction week (Compulsory): 14 - 18 January                      |
| Course period including regular examinations: 27 August - 18 January * | Course period including regular examinations:<br>21 January - 7 June |

### **APPLICATION AND PREREQUISITES**

#### **HOW TO APPLY**

Once you have been nominated by your home university, you will receive information about how to apply in our on-line application.

#### **COURSES**

Course syllabuses, including the prerequisites, can be found on our website. You need to have the majority of your courses at the school to which you have been nominated to. School of Health and Welfare reserves the right to limit exchange student enrollment in courses. Please be aware that courses may be cancelled if the minimum number of participants is not reached.

#### LANGUAGE REQUIREMENTS

Although language test scores are not formally required, all students are

expected to meet the minimum English requirements of School of Health and Welfare, see the website for details. The home institution is responsible for ensuring the students' fluency in English. Students without the adequate level of English run the risk of failing the courses.

#### **PREREQUISITES**

The general prerequisite for bachelor exchange students is at least one year of completed university studies at the home institution before the exchange semester. For applicants interested in master level courses, we require qualifications equivalent of a bachelor degree of at least three years.

Read more about exchange studies at: JU.SE/EXCHANGESTUDIES or contact International Relations Office at: incoming.student@ju.se

#### **PLEASE NOTE**

\* Most courses in the autumn semester finish before **Christmas. The courses that are** not done before Christmas will be able to be completed from

Lectures and examinations can be scheduled until the 21 of December. Re-exams can be scheduled in January. Please take this into consideration when planning your departure.

# **CAMPUS**

# HERE, YOU'LL MEET THE WORLD.

Our campus is located in the heart of the city, with everything you need at your fingertips. On campus, there are plenty of opportunities to hang-out, party, meet and study. If you're in Jönköping, you're close to JU!



#### BY STUDENTS - FOR STUDENTS

The Student Union is run by students, for students. Jönköping Student Union collaborates with the schools' student associations, and is well represented in various decision-making bodies, providing students with a genuine opportunity to affect decisions regarding their education. For more information, visit

jonkopingsstudentkar.se





#### INTRODUCTION WEEK

One of the first things you will experience is Introduction Week – an event for all new students to feel welcome, get to know each other through a variety of social activities, and of course, get prepared for their future studies. The event has been rated one of the best in Europe.

#### ACCOMMODATION OFFICE

The Accommodation Office will help you find a place to live. Jönköping University guarantees accommodation to all new arriving international students that have been admitted, provided that you have applied for accommodation and registered your arrival within the set deadlines. The accommodation guarantee only applies to the registered student. Family members are not included in the guarantee. You will receive information about this once you've been accepted to Jönköping University.

For more information: ju.se/accommodation

#### ARRIVAL AND PICK-UP SERVICE

At Jönköping University, we offer a pick-up service for all new international students when they arrive in Jönköping. This means that we will meet you, for example, at the local airport or train/bus station, bring you to the university and get you settled into your accommodation.



# **AT YOUR SERVICE!**





#### INTERNATIONAL RELATIONS OFFICE (IRO)

The IRO cooperates with universities all over the world to offer you the possibility to study abroad. IRO guides you before, during and after your exchange period.

#### SERVICE CENTER

The Service Center will help you with general study related questions, course certificates or if you just need to find the way to your lecture-room. If they cannot answer your question directly, they'll make sure to guide you to the right place.

#### **UNIVERSITY LIBRARY**

The University Library is an old foundry from the beginning of the 20th century that has been transformed into a modern research library. Group rooms and reading rooms are available 24 hours a day.

SEE FULL LIST OF SERVICES ON JU.SE

#### **GOOD THINGS TO KNOW:**

#### **HEALTH INSURANCE**

Exchange students admitted to JU receive a supplementary health insurance, which covers emergency medical and dental care (conditions apply).

For more information please visit JU.SE/STUDENTHEALTHCARE

#### **COST OF LIVING**

Living costs in Sweden depend largely on your individual life-style. As a student in Jönköping, it is recommended that you have around 8500 SEK per month, covering the following (the prices below are approximate):

- Food SEK 2500
- Accommodation SEK 3000
- Local travel SEK 500
- Telephone/internet SEK 500
- Insurance, personal care SEK 500
- Hobby, leisure, etc. SEK 1500

All students, including exchange students, are required to pay the obligatory student union membership fee, which is approximately 300 SEK per semester.

Compare your city's cost of living with the costs in Jönköping at numbeo.com

#### VISA/RESIDENCE PERMIT

Students from countries whose citizens are required to have a visa/residence permit are advised to contact the Swedish embassy or consulate in their home country to start their application for a student visa, which is a procedure that can take two months or more. Students are recommended to apply online. In order to apply for a VISA, you need to have a full-time study load, 30 ECTS for one semester.

For more information visit: migrationsverket.se





# "If you have ever only thought once about going abroad - don't hesitate, just do it"

#### Klara Hermann

former exchange student at JU from University of Technology Graz, Austria

#### WHY DID YOU CHOOSE TO GO ON **EXCHANGE?**

The main reason I went abroad was to see my studies in a different way. When studying you cannot only get the context of your home country and mothertongue, in my opinion, it is also about learning more from students from other backgrounds and seeing a different context.

#### WHAT IS THE BEST ABOUT JÖNKÖPING UNIVERSITY?

I would say the best thing about JU is, that

you will meet many people from other countries and continents. I have never met so many different international people before.

#### WHY WOULD YOU RECOMMEND OTHER STUDENTS TO GO ON **EXCHANGE (AND TO JU)?**

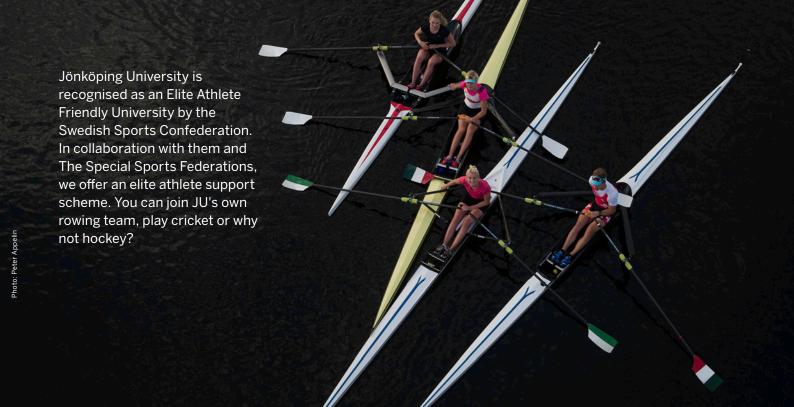
If you have ever only thought once about going abroad - don't hesitate, just do it! We, as students, have this great possibilty and we should use it as long as we can.











## **COURSES**

| <b>BACHELOR LEVEL</b> | COURSES |
|-----------------------|---------|
| ALITUMAN 2010         |         |

| UTUMN 2018  | CODE    | STUDY FIELD                              | ECTS | PERIOD<br>W.35-39 W.40-44 W.45-49 |        |        |        |
|---|---------|--|------|-----------------------------------|--------|--------|--------|
|   |         |  |      | 27 AUG-                           | 1 OCT- | 5 NOV- | 10 DEC |
| Health Care Improvement   | HHIB19  | N, Open for all international students   | 7,5  | 30 SEP                            | 4 NOV  | 9 DEC  | ZO JAN |
| Health Care Improvement, Dec 10 - Dec 23 (100% workload)  | HHIK16  | N, Open for all international students   | 3    |                                   |        |        | Х      |
| Cardiovascular Nursing from a Person Centered Perspective   | HCNK17  | N  | 7,5  | Х                                 |        |        |        |
| Nursing Science, Global Health  | HNHK16  | N  | 15   |                                   | )      | Ι<br>Κ |        |
| Nursing Science, Focusing on Health and III-health in Children  | HFHK15  | N, open for all international students   | 7,5  |                                   |        |        | Х      |
| Nursing Science, Focusing on Health and III-health in Children, w. 50-01                                  | TBC     | N, open for all international students   | 4,5  |                                   |        |        | Х      |
| Determinants of Oral Health   | HDHK18  | ОН                                       | 7,5  |                                   |        |        | Х      |
| Community Oral Health   | нсок18  | ОН                                       | 7,5  |                                   | )      | K      |        |
| Occupational Therapy and Ageing from a Health Promoting Perspective                                       | HAHN17  | ОТ                                       | 7.5  | X                                 |        |        |        |
| Web-based)  | HARINI/ | O1                                       | 7,5  | ^                                 |        |        |        |
| Occupational Therapy, Clinical Placement  | HAVN16  | ОТ                                       | 7,5  |                                   | Х      |        |        |
| Occupational Therapy, Progress and Development  | HATN16  | ОТ                                       | 15   |                                   |        | Х      |        |
| Occupational Therapy, Assessment of the Dynamics between the Individual, the Activity and the Environment | HADN18  | ОТ                                       | 7,5  |                                   |        |        | Х      |
| Prosthetics and Ortotics, Introduction  | твс     | P&0                                      | 7,5  | Х                                 |        |        |        |
| Models and Perspectives on Health and Disability  | твс     | P&O, open for all international students | 7,5  |                                   | Х      |        |        |
| Anatomy and Physiology, Basic Course  | TBC     | P&O, open for all international students | 7,5  |                                   |        | х      |        |
| Mechanics Related to Prosthetics and Orthotics  | TBC     | P&O                                      | 7,5  |                                   |        |        | Х      |
| Social Work, With Groups and in Community   | HSGN13  | SW, Open for all international students  | 7,5  |                                   | Х      |        |        |
| Social Work, Participation and Inclusion  | HDEN16  | SW                                       | 7,5  | Х                                 |        |        |        |
| Social Work, Social and Welfare Policy in a Swedish<br>and International Perspective                      | HSWK11  | SW, Open for all international students  | 7,5  |                                   |        | х      |        |
| Leadership in Crisis Management   | HLCK16  | SW, Open for all international students  | 7,5  |                                   |        |        | X      |
| Swedish Language, Culture and Society 1   | TSIG15  | Open for all international students      | 7,5  | >                                 | <      |        |        |
| Swedish Language, Culture and Society 2   | TS2K15  | Open for all international students      | 7,5  |                                   |        |        | X      |
| ntercultural and International Communication  | TIKG18  | Open for all international students      | 7,5  |                                   |        |        | X      |

| MASTER LEVEL   | COURSES |
|----------------|---------|
| ALITUMANI 2010 |         |

| ALITUMAN 2010                                       |        |                                  |      |                   |                 |            |        |
|---|--------|----------------------------------|------|-------------------|-----------------|------------|--------|
| AUTUMN 2018   | CODE   | STUDY FIELD                      | ECTS |                   | PERI            |            |        |
|   |        |                                  |      |                   |                 | W. 45-49 W |        |
|   |        |                                  |      | 27 AUG-<br>30 SEP | 1 OCT-<br>4 NOV |            | D DEC- |
| Occupational Therapy, Evidence-based Practice       | HE1R20 | ОТ                               | 7,5  |                   |                 | Х          |        |
| An Occupational Perspective of Health, 7,5 credits, | HA1R22 | ОТ                               | 7,5  | X                 |                 |            |        |
| Theory of Science and Scientific Method             | HTSR25 | Health Sciences                  | 15   | X                 |                 | (          |        |
| Conducting Research with and About Children         | HCRS27 | Master in childhood intervention | 7,5  | Х                 |                 |            |        |

**BMA** - Biomedical Laboratory Science **G** - Gerontology **N** - Nursing **OH** - Oral health **OT** - Occupational Therapy

**P&O** - Prosthetics & Orthotics **RN** - Radiology Nursing **SW** - Social Work

## **BACHELOR LEVEL COURSES**

| PRING 2019   | CODE   | STUDY FIELD                             | ECTS |                   | PERI             | OD             |              |
|--|--------|---|------|-------------------|------------------|----------------|--------------|
|  | 0022   | 0.00                                    |      | W.4-8             | W.9-13           | W. 14-18       | W. 19        |
|  | 1      | 1                                       | ı    | 21 JAN<br>-24 FEB | 25 FEB<br>-31MAR | 1APR-<br>5 MAY | 6 M/<br>9 JU |
| Health Care Improvement, May 6 - May 19 (100% workload)  | HHIK16 | N, Open for all international students  | 3    |                   |                  |                | >            |
| Health Care Improvement,   | HHIB19 | N, Open for all international students  | 7,5  |                   |                  |                | >            |
| Cardiovascular Nursing from a Person Centered Perspective  | HCNK17 | N                                       | 7,5  | Х                 |                  |                |              |
| Nursing Science, Global Health   | HNHK16 | N                                       | 15   | X                 |                  | <              |              |
| Nursing Science, Focusing on Health and III-health in Children   | HFHK15 | N, open for all international students  | 7,5  |                   |                  |                | )            |
| Nursing Science, Focusing on Health and III-health in Children w. 21-23  | TBC    | N, open for all international students  | 4,5  |                   |                  |                | 2            |
| Occupational Therapy, Preventive, Remedial and Compensatory Interventions*                                       | HOCN17 | ОТ                                      | 22,5 |                   | Х                |                |              |
| Occupational Therapy, Clinical Placement with focus on Role Emergent   | HTRN17 | ОТ                                      | 7,5  |                   | Х                |                |              |
| International Perspectives on Health and Welfare (evening course)  | HIHK17 | OT, open for all international students | 7,5  |                   |                  | :              | X            |
| Oral Health Literature Course*   | HOHN12 | ОН                                      | 7,5  | Х                 |                  |                |              |
| Oral Health Clinical Practice 1  | H01K11 | ОН                                      | 7,5  |                   | )                | <              |              |
| Applied Materials Technology   | TBC    | P&O                                     | 7,5  | )                 | X                |                |              |
| Pathophysiology Related to Prosthetics and Orthotics   | TBC    | P&O                                     | 7,5  | )                 | X                |                |              |
| Prosthetic Management and Biomechanics of the Lower Limb I   | TBC    | P&O                                     | 15   |                   |                  |                | X            |
| Radiography and Patient Care in Thorax Radiology, w. 2-14<br>(Only available to students within the ERG network) | HRTN11 | RN                                      | 20   | ,                 | ×                |                |              |
| Social Work, With Groups and in Community  | HSGN13 | SW                                      | 7,5  |                   | Х                |                |              |
| Social Work, Social and Welfare Policy<br>in a Swedish and International Perspective                             | HSWK11 | SW                                      | 7,5  |                   |                  | х              |              |
| Social Work, Participation and Inclusion   | HDEN16 | SW                                      | 7,5  | Х                 |                  |                |              |
| Leadership in Crisis Management  | HLCK16 | SW, Open for all international students | 7,5  |                   |                  |                | 1            |
| Swedish Language, Culture and Society 1  | TSIG15 | Open for all international students     | 7,5  | )                 | X                |                |              |
| Swedish Language, Culture and Society 2  | TS2K15 | Open for all international students     | 7,5  |                   |                  |                | X            |
| Intercultural and International Communication  | LICG16 | Open for all international students     | 7,5  |                   | X                |                |              |

# MASTER LEVEL COURSES

| SPRING 2019  | CODE   | STUDY FIELD                | ECTS | PER                             | IOD                         |
|--|--------|----------------------------|------|---------------------------------|-----------------------------|
|  |        |                            |      | W.4-8 W.9-13                    | W. 14-18 W. 19-23           |
|  |        |                            |      | 21 JAN 25 FEB<br>-24 FEB -31MAR | 1APR- 6 MAY-<br>5 MAY 9 JUN |
| Ageing in a Welfare State (distance course with one week based on campus)  | HÅVS25 | G                          | 10   |                                 | X                           |
| Ageing and Society – Diversity, Participation and Health (distance course) | HAGR28 | G                          | 7,5  | Х                               |                             |
| Oral Health, Thesis I  | НОНТ27 | ОН                         | 15   |                                 | X                           |
| Occupational Therapy, Theory I   | HA1R26 | ОТ                         | 7,5  | X                               |                             |
| Occupational Therapy, Thesis   | H01T27 | ОТ                         | 15   |                                 | X                           |
| Occupational Therapy, Community-based Practice                             | HOCR27 | ОТ                         | 7,5  |                                 | X                           |
| Crisis Leadership in Social Work   | HCLS28 | Internvention in childhood | 7,5  |                                 | X                           |

 $<sup>\</sup>ensuremath{^{*}}$  This course has a flexible time period

English proficiency: TOEFL/IELTS required or equivalent.

To be considered a full time student you need to take a study load of 30 ECTS/semester.

In order to apply for a VISA, you need to be a full-time student. The course dates are approximate.

This is an overview of the courses we expect to be offering in the academic year 2018-2019. If there are additions or cancellations, these will be updated on our website JU.SE



For more information and online application visit ju.se/exchangestudies or contact incoming.student@ju.se

#### JÖNKÖPING UNIVERSITY

International Relations Office, P.O. Box 1026, SE-551 II Jönköping, Sweden VISITING ADDRESS: Students' House, Gjuterigatan 5, University Campus E-MAIL: incoming.student@ju.se WEB: ju.se

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