

INTEGRATION IS A PROCESS!

- Labour market careers of immigrants through sequential steps



How do I participate in the study?

Instruction Letter

People differ in how they tell stories, and it is up to you how you want to tell a story of your working life, how you will begin it and how you will end it.

The main purpose of us asking you to share your working life story is to get to know more about the ways in which your career and your working life have been unfolding after you migrated to Sweden. We are particularly interested in exploring labour market integration as a process that may take time, may depend on various places and types of work. You are free in deciding how you will structure your story, but here are some areas that we would like you to touch upon:

- Your first job in Sweden
- Your working life since migrating to Sweden up till now (e.g. changes in workplaces, employers, types of jobs, etc.)
- Important places to your working life (e.g. workplace, residential area/neighbourhood, municipality, region, etc.)
- Future working life plans

You can choose which language you use to tell your story. You can use Swedish or English or any other language which makes you comfortable when telling stories. If we, in the research group, are unfamiliar with your chosen language, your story will be sent for translation.

You can also choose if you would like to present your story in written or oral form:

Step 1. You begin by opening the project's webpage ju.se/integration and clicking the button: **CLICK HERE TO PARTICIPATE**. You will then be asked to provide the **unique username and password- you will find them in the upper left-hand corner of the page (in Swedish) with your name on**.

If you are using a mobile phone or a pad, you can instead of writing the web address, scan the QR-code that you find at the top of the page in Swedish where your name and address are.

Step 2. What will appear on the screen are two questions asking for consent to participate in the project (you can change the questions from Swedish to English on the upper right part of the screen). We ask you to read it carefully and confirm that you agree to participate in this research. Thereafter, you will be asked to answer few questions about yourself without providing personal details. All



questions, apart from questions regarding your work/occupation, are single-choice questions and you choose the alternative that is closest to you. In the question concerning your work/occupation, you are asked to write the answer yourself.

The background questions are:

- How old are you (30–39; 40–49; 50–59; 60–69; 70–79; 80–89)?
- What is your gender (Man, Woman, Other)?
- When did you arrive to Sweden for the first time (1991–95; 1996-2000; 2001-05; 2006-2010)
- Which part of the world do you come from (Asia, Africa, Europe, EU15¹, Oceania, North America, South America, Scandinavia)?
- Which municipality did you live in upon your arrival to Sweden?
- Which municipality do you currently live in?
- What was your education level at the time of migration to Sweden (primary, secondary, tertiary/university, vocational training, other)?
- What is your current education level (primary, secondary, tertiary/university, vocational training, other)?
- What occupation/work did you have before migrating to Sweden?
- What is your current occupation/work?

Step 3. After answering the background questions, you will be asked to choose the way in which you want to tell your story. You can either write your story directly in the questionnaire or upload your story as a file. Your story can be as long or as short as you wish.

- a) If you choose to write your story directly, you do not need to write the whole story at once. With the “**SAVE**” option, you can choose to delay finishing up the story. The online questionnaire is open until the 31st of October. During that time, you can log in repeatedly to finish or change your story.
- b) If you choose to write your story elsewhere and then upload it to the questionnaire, you do that by clicking the button ‘**UPLOAD**’ and choosing the file that contains your story.
- c) If you choose to record your story, you can upload your file with sound in the same way as above. The easiest way to record your story is to use your mobile phone, which often has an inbuilt voice recorder. You may need to transfer your file from the phone to a computer if you are using a computer to fill in the questionnaire.

If you choose to tell your story in another language than Swedish and English, we would be grateful if you could indicate in which language you presented your story.

Step 4. At last, you will be asked if you would like to be contacted to participate in a follow-up interview with a researcher. If you are not interested, you choose the option ‘No’ and move to the next step where you end your participation by clicking the button ‘**SUBMIT NOW**’.

¹ The category EU15 includes the following countries: Austria, Belgium, Denmark, Finland, France, Germany, Greece, Ireland, Italy, Luxemburg, Netherlands, Portugal, Spain, Sweden, United Kingdom



If you are interested in further participation, you mark the option 'YES'. You will be asked for your contact details, such as your name and surname, phone number and email address. You end the questionnaire by clicking the button 'SUBMIT NOW'. You may be then contacted by one of us between 6 to 12 months later with a question regarding your participation in an interview.

If you have any questions about the project and your participation, you are welcomed to contact us.

Sincerely,

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