

KICK OFF 2018



THE STUDENT GUIDE



Photo from: Student Union

TABLE OF CONTENTS

Jönköping	4	Blue crew	14
Living in Jönköping	5	Pedsex park	15
The unforgettable Kick Off	6	Dresscode	16
5 reasons why you can't miss the Kick Off	7	Ovve rules	17
Fadders	8	Beer pong	18
The Kick Off festival	9	Caps	19
Performing this year	9	Get involved	20
Dictionary	10	What is a Sittning?	22
Starter package	11	Campus	23
LOK	12	Akademien	25
The Student Union	13	Some advice for the Kick Off	26

JÖNKÖPING

Jönköping, Jkpg, Jönkan - a city with many names. Jönköping is a city in which you never will find yourself far from a restaurant, the water or a football field. But the city is so much more than just that. We have fantastic cafés, beautiful terrain and of course the (best) student life. Wherever you come from, you will find that there is something in Jönköping just for you, making you feel right at home.

Since a lot of the student housings are in central Jönköping, just like

Jönköping University, you'll always be close to hang out with friends. Whether you choose to chill by Vätterstranden beach, try a new restaurant or have a stroll around Munksjön lake, you'll realise that in Jönköping you never have to feel alone. Get ready for a great time here in Jönköping during your studies.

So wherever you come from, a great big welcome to Jönköping - the city that isn't too big or too small!

LIVING IN JÖNKÖPING

Don't have a place to live in Jönköping yet? Don't worry! Here's some help to make your life a bit easier.

Studbo.se - in the housing portal you will find all available student apartments.

Blocket.se - here you can both search for available apartments but also create an advertisement about yourself trying to find an apartment.

Facebook - there are several Facebook groups in which you can find available apartments.

Private property owners and housing companies - the easiest way to get in contact with them is through their own websites.

Tip! Get together several people and look for housing, sometimes it can be easier to get a bigger apartment!



THE UNFORGETTABLE KICK OFF

The Kick Off is a ten day long experience, meant to introduce you to the student life at Jönköping University and to Jönköping in general. Parallel to your first classes, you will get to participate in optional exciting activities.



5 REASONS WHY YOU CAN'T MISS THE KICK OFF:

- 1** You will quickly be introduced to everything you need to know about JU's student life. What are the do's and don'ts? The fadders will answer it all.
- 2** You will get to discover everything about Jönköping. Where are the good hangout-spots, the cheapest meals, the best midnight snacks? You will get all the insider info.
- 3** You will get to participate in fun (and slightly wacky) missions, that, well... You. Simply. Don't. Want. To. Miss.
- 4** You will get to know your classmates and fadders that will be there for you until the end of your education. It's always nice to recognize some friendly faces in the halls.
- 5** Last, but not least... You will get an unforgettable Kick Off experience!



Photographer: Elin Söderholm

FADDERS

Everyone wearing these fantastic shirts will be your fadders during the Kick Off! We will show you the absolute best parts of the student life and all the fun things happening at Jönköping University. Together we will explore Jönköping, meet lots of new wonderful people and dance all night at AKA. If you have any questions – we've got the answers.

Our mission as fadders is to make sure that all new students are having a good time. We remember our first days in Jönköping and therefore we will do our very best to make sure everyone is comfortable and having fun! We are so excited to get to take care of you and make sure you get the very best Kick Off experience. Everybody wearing the fadder shirts are there to help you no matter what colour their overall is.

Get ready for singing, dancing and an amazing Kick Off, we can't wait to meet you! See you soon!

Look out for our shirts!
Yellow means I'm a sober
fadder today.



THE KICK OFF FESTIVAL

Photo from: Student Union

The Kick Off Festival is one of the highlights of your Kick Off experience. Come and witness one of the most fun, all-outgoing festivals you will ever be a part of!

The festival, organized by the Student Union, in cooperation with Jönköping University, will happen right here on campus. There will be food, there will be bars and not to mention the amazing live music. The hottest artists will be performing only for JU's students, and you have a ticket reserved.

Join thousands of students singing their hearts out. Join excited students and fadders, who have been waiting a whole year just to be a part of the festival again! Join the dancing sea of overall-dressed students, that will wish for this night to never end!



Photo from: Student Union

Previous performers include Miriam Bryant, Icona Pop, Movits!...

PERFORMING THIS YEAR:

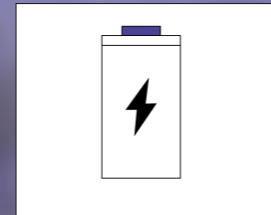
Linnea Henriksson
Daniel Adams-Ray
Kaliffa
Tove Styrke

DICTIONARY

The most important things to know as a new student.

- Akademien** AKA is a nightclub just for students. Here we party and dance until 2 AM every Wednesday. Best part? It's cheap! So put on your ovve and see you there!
- Beer Pong** HLK's national sport. Throw a ping-pong ball and hit the other team's cups. Once you score, watch the other team drink.
- Blue Crew** This is the name of BC and they are the social committee for all the students with blue overalls. BC will fill your time at JU with parties, sittings, beer pong tournaments and so much more.
- Campus** The whole area of the university. Here you will find the library, student service and all university faculties.
- Caps** When playing Caps you need capsules, a glass, your HLK towel and accuracy. Choose an opponent and hit his or her cup with a capsule.
- HLK** Högskolan för Lärande och Kommunikation (School of Education and Communication).
- LOK** LOK is your student association at HLK. LOK works for all students of HLK regarding your rights as a student.
- Ovve** The name of your overall, your new favourite garment! Fill it up with patches and make sure to wear it to AKA!
- Pedsex Park** Pedsex is the social committee for the students with red overalls. Just like BC they host different events and activities.
- Sittning** A sittning is an event with food and entertainment. You buy your ticket roughly one week before the event. Don't forget to start queuing in good time!
- Social Committee** At HLK there are two social committees, one for the blues and one for the reds. The social committees are the ones whom arrange your Kick Off (among other things) and make sure it's an unforgettable experience.
- The Student Union** The Student Union is your voice during your studies and every student at Jönköping University is a member. The Student Union work with monitoring the education quality, student health and much more.

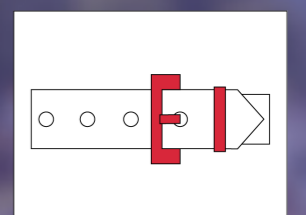
STARTER PACKAGE



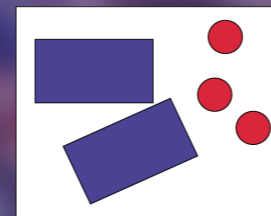
Power-bank
Nobody likes an uncharged phone.



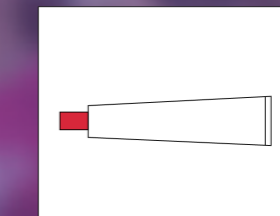
Beat-up, comfy sneakers
For running around in the Hälso-park or for dancing all night at AKA.



Belt
An absolute necessity when wearing an ovve.



Cash / Swish
For buying your sitting-tickets or paying the wardrobe at AKA.



Textile glue
For gluing new patches to your ovve.



Sunglasses, raincoat, umbrella
Dress appropriately.

LOK

LOK is the student association at HLK - the unified voice of the students. Everyone attending a course or an education at HLK is automatically a member of the association. LOK's board consists of HLK students, elected at the biannual meeting. Every board member is a student, with the exception of the President, who is on study break during their mandate.



BC & Pedsex

LOK has two social committees called Blue Crew and Pedsex Park. They arrange the Kick-off, sittings and various events.



Radio K

The students' own radio station - Radio K, where you as a student can make podcasts and radio shows, that can be aired online to other students.



Hype.

A non-profit advertising agency. Hype is meant to give students work experience during their studies.



KOSMO

A group of Swedish and international students aiming to improve the study experience for everyone by making JU a more international place.



Capture

Capture is a creative committee is concentrated on producing videos and short films. Capture has access to JU's TV-studio and all belonging equipment, including 4K cameras.



Utbildningsutskottet - The Education Committee

This is the committee that works for you and your rights as a student. The main goal is to make sure that you receive a quality education.



JÖNKÖPING STUDENT UNION

As a student at Jönköping University you are also a member of Jönköping Student Union. This means that you have access to your own union acting both locally and nationally for you to have the best time possible here at JU, both in terms of quality of education and study social involvement. As a student at Jönköping University you get to be involved in the process of developing your education. The Student Union is your voice during your studies and gives you the opportunity to influence your education. The Student Union is also available to answer questions about university studies.

What do I get as a member of the Student Union?

As a member of the Student Union you do not only get the cheapest coffee on campus, you also get to attend all the events that the Student Union arranges. You will also be able to attend the Student Unions annual meeting. There you may express your opinions on where the Student Union should be placing their resources. This way, you as a student, have great power over your education.



How does the membership work?

For your membership in the Student Union you pay a mandatory semester fee based on how many credits you are taking. You need the membership to be able to write exams and the most importantly: you need the membership to get into the students' own nightclub - Akademien!

BLUE CREW



Blue Crew is the social committee of the communication students. They work actively to unite the blue students. As a member of Blue Crew, you get to arrange sittings and other cool events for your fellow students. You get to meet many students from the other schools as you also get to help out at AKA, as we take turns with the other social committees, on working the bars. A very important part of what we do is to arrange the spring and fall Kick Offs, to welcome all new students to Jönköping.



Photo from: Blue crew

PEDSEX PARK



They are the social committee for the pedagogues, Pedsex Park. They host different events for both the pedagogues and the other students at JU. Their two main events are the autumn Kick Off and the sittings, but they also do other fun things! Every year they arrange a dodgeball tournament, and of course work at the students' own nightclub AKA. As a member of the committee, you won't only develop as a person, you will also have the opportunity to meet many different types of people and be able to contribute to creating the ultimate study time for yourself and other students!



Photo from: Pedsex Park

DRESSCODE

You've probably mostly seen red and blue overalls and that's because those are the colours for the School of Education and Communication. But there are more colours than that! You'll see green, yellow and white overalls around campus and at Akademien. Maybe you've even seen a student with a black overall. Here you get the answer to what the different colours really mean.



Overalls represented by WestCoast Nation

OVVE RULES

Now to maybe the most important thing besides your studies, your OVVE. A student at Jönköping University wears their ovve every time there is a party or a happening at AKA - and of course every day during the Kick Off. You will be able to buy your ovve the first day of the Kick Off and it will become your go-to piece of clothing. Besides being very comfortable and good-looking, it will also show which school you go to and what program you are studying. At HLK the blue overalls are worn by the communication students and the red overalls are worn by the pedagogue students.

Of course, there are some rules that you should follow to avoid awkward moments.

- 1** The ovve can only be washed if the owner is wearing it. Swim in a lake or shower in it, you pick!
- 2** Every HLK-student receives a LOK-patch for their overall, which shall be placed at the appropriate spot. When you buy your ovve, together with the LOK-patch, you will also receive a patch representing you program.
- 3** If you feel unsure on how to optimize your ovve-experience, how to glue a patch or how to tie the sleeves, you can always ask your fadders. At this point they are experts, but they too remember when they couldn't even get the lid off the glue.
- 4** The patches you receive from sittnings and events should be glued on asap! Where you chose to place them, does not matter, but the most important ones to you should be placed near your "holiest regions". If you buy a patch for an event you didn't attend, you need to glue that patch upside down.

The pedagogues have red overalls and their social committee is Pedsex Park.

A blue overall is worn by the communication students. They are represented by the social committee - Blue Crew.

The green overalls are worn by students from Jönköping International Business School (JIBS). The social committee is Sexkreation.

The yellow-dressed students are those attending Jönköping Engineering School, JTH, where the social committee is HI LIFE.

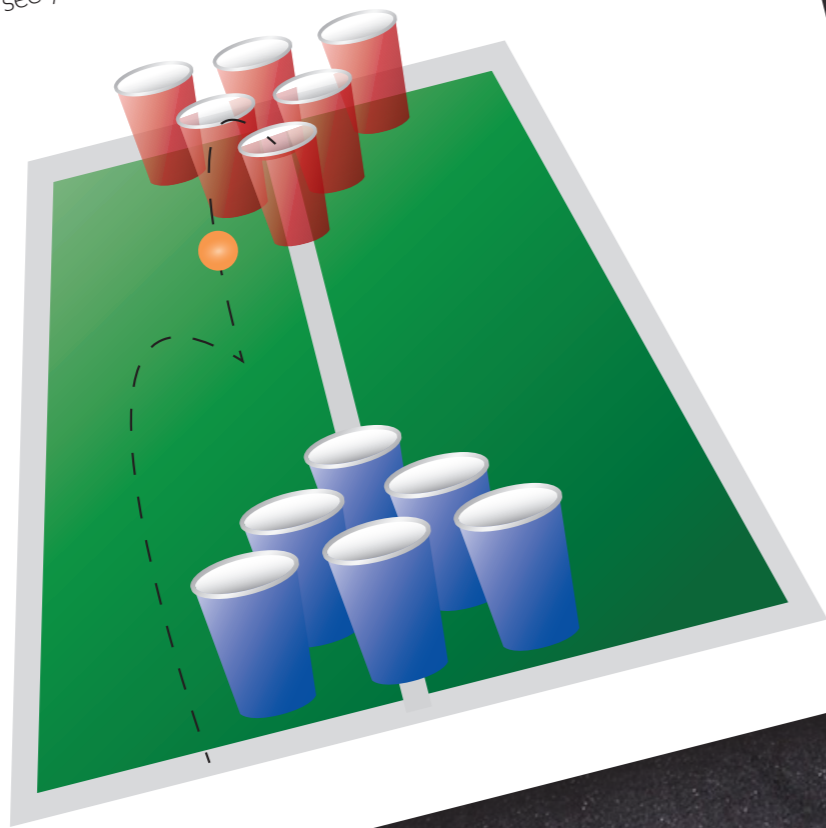
The students with white overalls are the hälso-ites, from the School of Health and Welfare (Hälso). The name of their social committee is Cellskapet.

Qult, the black overalls, do not belong to any program. The members of Qult travel to other universities to experience their culture, and also arrange a couple sittnings a year.

BEER PONG

In true university tradition, beer pong is also played at Jönköping University. In short, there are two teams at every table, each team having 6 cups filled with a beverage of choice. Take turns throwing or bouncing the ball into your opponent's cups and watch them chug it! It sounds pretty simple, right? WRONG! Beer Pong is a complex game, where finesse and exceptional motoric skills, are both required.

However, we all know that practice makes perfect. So, get ready to throw and we'll see you at the game-tables!



CAPS

Caps; a game, a lifestyle or just a way to pass time? For the students at JU, Caps is the perfect opportunity to hang out, sitting together on the floor. The game is simple: cups filled with a drink of your choice is placed in the middle of a circle of people. The people in the circle take turns throwing their caps into their opponents' cups. If you hit a cup there will now be a cap throwing duel between you and the cups owner. The first person to miss a cup in the duel has to chug the drink in their cup! Make sure not to hit the cup in the centre since that cup is filled with all your opponents' drinks and chugging it's an experience you most likely won't forget!



GET INVOLVED

There are lots of ways for you as a student to get involved during your studies! The committees under LOK are just some things you can get involved in and at JU there are several fun associations to join. Here are the different associations you can join if you want to do something besides your studies!

Girls Unite

The Future is Female, be a part of Jönköping's University's best Girl Crew and unite with girls from all over campus.



WestCoast Nation

WestCoast Nation is a nation (a bit like a social committee, but still not) that every year organises sittings, different events and fixes the After School and Taco Nights at Rio.



CardBoard

Roll the dice and join an association all for board games, card games and role-playing games.



Globe

Get hands-on work experience, while learning and campaigning for sustainability from a business perspective.



Amnesty JU

Do you have an interest for human rights issues, activism and advocacy? Join Amnesty JU.



JISC

Jönköping International Student Consulting are students working on market research and product testing for organizations around the world.



ADVANCE

Advance is the committee for you that has the interest for IT or wants to learn more about programming, servers, networks and more.



JU Chess

Beginner or a pro, JU Chess arranges lessons and competition for chess players from all levels.



JURA

Together with JU's rowing association you can row for fun, for a good workout, for competing or all three.



Justice

Justice wants to put JU on the e-sports map by developing talented players! Does this sound like something for you?



Showtime

Showtime Jönköping is a creative association at JU. The association consist of a dance studio, music team, show group, improvisation group and backstage crew.



ESN Jönköping

Erasmus Student Network Jönköping is an organization working to represent JU's international students and to provide cultural understanding.



StartUP

StartUp Jönköping is an association meant to inspire and create opportunities for students within entrepreneurship.



JUSA

Are you interested in sports? Join JU's sports association! Different sport practices are offered every day.



Qultmästeriet

Qultmästeriet is the social committee for Qult. They welcome members from all schools at JU, help out at AKA and play a part in the "Midvinterblotet" and "Syndafloden".



Spectra

Spectra is a student association working for human rights. Their goal is that no one at JU should be subjected to any form of discrimination or violations.



SSA

SSA is a group of students from JU who are interested in sustainability as a whole concept.

Course developer - Get the chance to improve your and others education. Evaluate your courses, and you can affect the way they are shaped in the future.



WHAT IS A SITTNING?

A sittning is an event you simply don't want to miss. It's an evening of food, drinks and spex (entertainment). Sittings are arranged by all the different social committees, but you can buy a ticket, even if the arrangers are not of your ovve-colour.

Every sittning has a special theme and often a dress code. At a sittning you always sing! Songs and rules can be found in the guide received at each sittning.

Don't forget: queues for sittning tickets can be really looong. So, make sure you are there bright and early.

CAMPUS

The JU-card

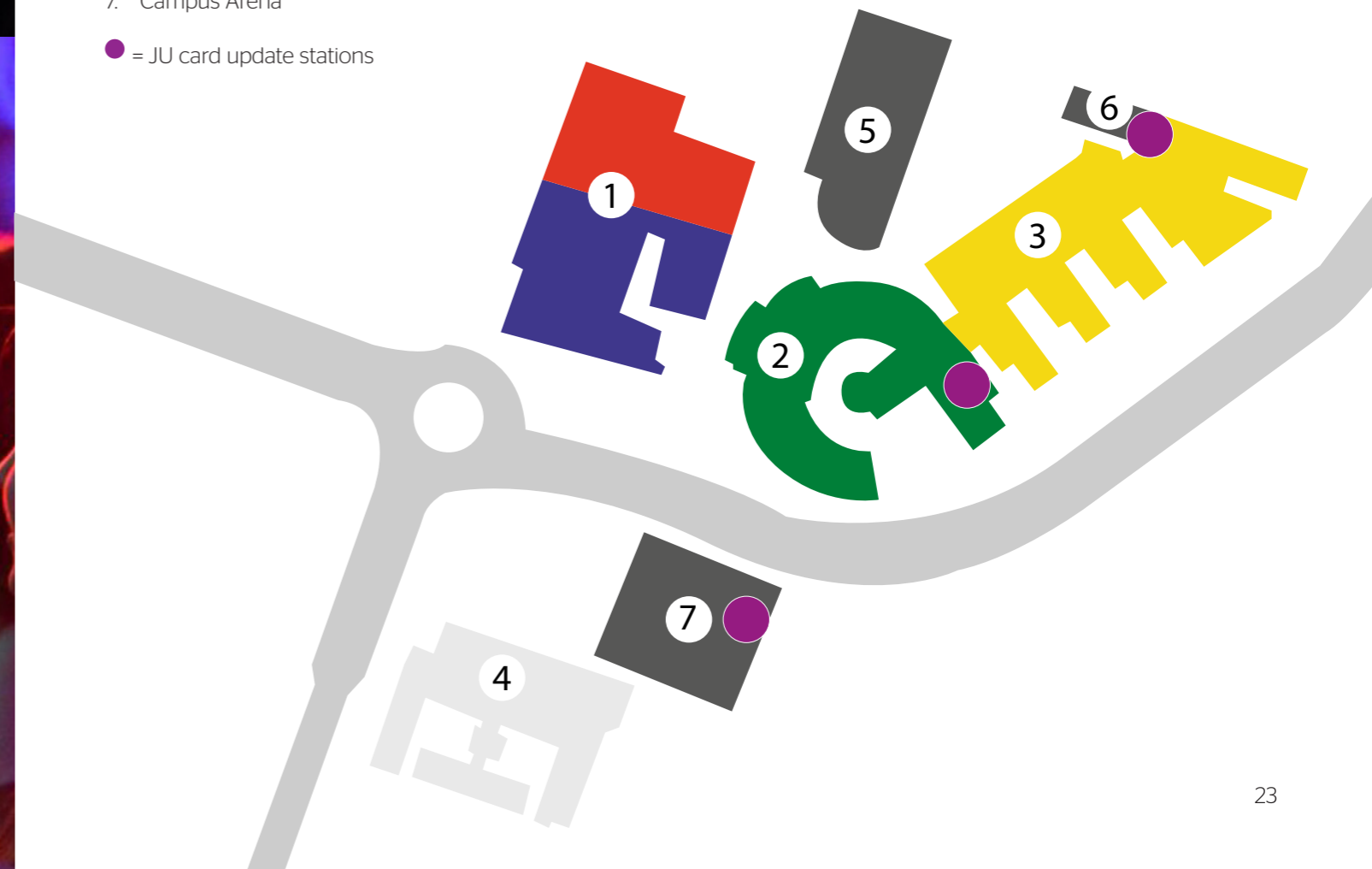
Your JU-card is very important. It's a key to JU's facilities, a library card and a printer card. It provides entrance both to exams and to AKA. And it can even give you student discounts.

Fill in you details at the online self-service and pick up your card at the office at Campus Arena. Your JU-card needs to be stamped in the beginning of every semester. This can be done at the machines at Rio or Campus Arena, after paying your Student Union fee.



1. School of Education and Communication (HLK)
2. Jönköping International Business School (JIBS)
3. School of Engineering (JTH)
4. School of Health and Welfare (Hälso)
5. University Library
6. Students' House + International Relations
7. Campus Arena

● = JU card update stations





AKADEMIEN

WEDNESDAYS 21.00-02.00

Open every Wednesday and all days during the Kick Off.

Free entrance until 22.00

2 dancefloors. 2 lounges. 4 bars.
DJ. Open Nights. Live music.

Water and soda is free.

Kitchen is always open.

SOME ADVICE FOR THE KICK OFF

Now you've got a lot of good information about your upcoming studies at Jönköping University. But there is more! Here's some advice for the Kick Off as well!



The JLT-app

If you use the bus to get from your home to school the Jönköping bus app is great to have on your phone! With the app you can check when your last bus for the day goes and which buses you can take to get to the right places.



The Swish app

When buying tickets for different events and when buying your ovve, using the app Swish for paying is very common. Make sure to have the app!



Keep your phone charged

It's super important that the fadders can get in contact with all new students during the days and evenings to make sure everyone gets home safely.



MADE BY
Hype.

Photographer: Johanna Haglund

