### Welcome to Sweden and Jönköping!

We will make it the best time of your life!

Jönköping Student Union is here for you and it's our job to make sure that you will enjoy your stay especially during these times! We do everything from **fun activities**, **hikes and events** - to make sure you have something to do while you're not studying - and we also keep track of your rights as students and make sure that your education is of good quality!

Jönköping Student Union is a non-profit organization which mainly works with educational quality, social welfare and integration. When it comes to integration, the purpose is to especially work with integrating international and Swedish students at Jönköping University. We also do our best to provide international students with an understanding and experience of Swedish society, culture and traditions.

As a student at Jönköping University it is mandatory to be a member of the Student Union. This means that you have to pay a fee every semester. The fee is already included in your tuition, if you are required to pay one. Please read more about this at

#### http://www.jonkopingsstudentkar.se/english/about-us/membership.html

You pay the fee once you started your studies at Jönköping University and you'll get more information about it upon arrival.

We know it's not easy to come to a new country with a totally different culture than you are used to. So besides events and activities, the Student Union's Integration and Activity Committee (IAC) also offers two programs:

• The Buddy Program aims to strengthen social networks and to make adjusting into life in Jönköping easier for students. If you apply to get a Buddy, you will get in contact with a current student from the University. IAC will organize many events and activities for you throughout the semester such as hikes, city walks,



BBQ's and much more. We have adapted our Buddy program to the pandemic situation and we are following the guidelines of the Swedish Public Health Agency and the Swedish government. To sign up for the Buddy Program follow this link: https://jkpgstudent.wufoo.com/forms/w1himzh31j4ut2m/

• The Culture Exchange for Families and students Program allows the students to "become" a part of a Swedish family in the Jönköping area and create even better bonds. We have a limited amount of contact families, so unfortunately we can't guarantee that everyone will get one. Being part of this program doesn't mean that the host family offers accommodation to the student.

Take a look at the pages below for the preliminary schedule of the Student Union's activities and events for next semester! You'll also find more information on our website and on **IACjkpg** on Instagram.

See you soon!
Best regards,
Maggie Hovhanessian
Integration Coordinator at Jönköping Student Union
integration@js.ju.se





#### August:

Kick off Weeks

The Student Union together with the Student Association at your school will take good care of you during Kick Off offering you fun activities and events to make sure you get to know Jönköping, Jönköping University and of course your new classmates!

However most activities might be online as we follow recommendations of the Swedish Public Health Agency and the Swedish government due to the pandemic. Keep an eye on our fb page @jonkopingsstudentkar and instagram account @justudent for more information.



Remember that this schedule is preliminary and events and dates might change during the semester. Always keep an eye on our webpage <a href="www.jonkopingsstudentkar.se/english">www.jonkopingsstudentkar.se/english</a> for the updated schedule, or like us on Facebook, <a href="www.facebook.com/jkpgstudentkar.">www.facebook.com/jkpgstudentkar.</a>

Besides these events, the Student Union offers Language Café, Movie Nights and Culture Days every week during the semester! However this will be adjusted due to the pandemic. Most activities will be online.

September: Trip dates are preliminary and depend on government and health guidelines on pandemic

Online Buddy Swedish Culture Kayak Tours Trips to Norway
Mingle Day. Online Student Food Safari Nature Hikes
Life Fair

Pssst: **Culture Days** depend on international students at Jönköping University. The Culture Days take place on Fridays 12:00-13:00 in HLK. Here you have the chance to present your country and your culture. The Integration and Activity Committee (IAC) will help you with anything you need. You will get a budget for your expenses! Just contact us if you are interested. However, due to the pandemic, culture days are moved online on our instagram account: @iacjkpg. If you are interested to host your culture day you can send us an email to: international@js.ju.se or DM us on instagram.



Remember that this schedule is preliminary and events and dates might change during the semesterand adapted due to the pandemic. Always keep an eye on our webpage <a href="www.jonkopingsstudentkar.se/english">www.jonkopingsstudentkar.se/english</a> for the updated schedule, follow us on instagram @iacjkpg or like us on Facebook, <a href="www.facebook.com/">www.facebook.com/</a> <a href="jkpgstudentkar">jkpgstudentkar</a>

Besides these events, the Student Union offers Language Café, Movie Nights and Culture Days during the semester!

October: Trip dates are preliminary and depend on government and health guidelines on pandemic

Moose Safari Day Trip Trip to Copenhagen The Students' Day

Trip to Russia and the Baltics







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Besides these events, the Student Union offers Language Café, Movie Night and Culture Days every week during the semester!

November: trip dates are preliminary and depend on government and health guidelines on pandemic

#### Go Exchange

All the international students get to present their country, culture and home university. The participation is **mandatory** for all exchange students! So remember to pack and bring traditional clothes, something representing your culture and information about your home university that you can use during this event! Go Exchange might be hosted online for Fall 2021.



The Language Café takes place once a week. There, you can either learn or teach a new language in an informal way while also meeting new people in a cozy environment! Hosting Language Café in RIO will depend on the pandemic situation.





Remember that this schedule is preliminary and events and dates might change during the semester depending on government and health guidelines on pandemic. Always keep an eye on our webpage <a href="https://www.jonkopingsstudentkar.se/english">www.jonkopingsstudentkar.se/english</a> for the updated schedule, or like us on Facebook, <a href="https://www.facebook.com/jkpgstudentkar.">www.facebook.com/jkpgstudentkar.</a>

Besides these events, the Student Union offers Language Café, Movie Night and Culture Days during the semester!

December: trip dates are preliminary and depend on government and health guidelines on pandemic

Lapland Trips Ski Trips Farewell Mingle



Remember that this schedule is preliminary and events and dates might change during the semester depending on government and health guidelines on pandemic. Always keep an eye on our webpage <a href="https://www.jonkopingsstudentkar.se/english">www.jonkopingsstudentkar.se/english</a> for the updated schedule, or like us on Facebook, <a href="https://www.facebook.com/jkpgstudentkar.">www.facebook.com/jkpgstudentkar.</a>

Besides these events, the Student Union offers Language Café, Movie Night and Culture Days during the semester!