



JÖNKÖPING UNIVERSITY

School of Health and Welfare

START YOUR EXCHANGE JOURNEY HERE

SCHOOL OF HEALTH
AND WELFARE

2020/2021



SWEDEN / JÖN

Sweden is known for being a clean, beautiful country, covered with lakes and forests. It's inhabited by 10 million people who are friendly, open-minded and welcoming. This is all true. What you have heard about high living standards and low crime rates is true as well. Furthermore, Sweden is an international powerhouse in the fields of design and music, boasting acts such as Avicii, Robyn and Icona Pop. Lots of great innovations originated in Sweden, for example TetraPak, the pacemaker, Skype and Spotify. And let's not forget IKEA.

WHY SWEDEN?

- A country of innovation
- Clean, safe and modern
- Rich in arts and culture
- English speaking
- Equal and diverse



KÖPING



JÖNKÖPING UNIVERSITY

Jönköping University has around 12,600 students, of which 2,300 are international students. The university is one of the top universities in international student exchange and among the best in Sweden in terms of attracting international students. Campus has a truly international and academic environment with students and staff from all parts of the world.

140,000 inhabitants in Jönköping
12,600 of them are JU students



SCHOOL OF HEALTH AND WELFARE

As one of Sweden's prime educators in the field of health sciences, health care and social work, the School of Health and Welfare offers high academic standards, distinct profile areas and extensive experience in education and research.

QUALITY RESEARCH IS OUR FOUNDATION

The School of Health and Welfare is one of Sweden's leading schools, in part because of its top-quality research. Our healthcare research has been published extensively in renowned international journals.

REAL-WORLD LEARNING ENVIRONMENT

Our experience in education and research is long and substantial. You will be given access to a learning environment that is up-to-date and relevant.

GOOD STUDENT INTEGRATION

The School of Health and Welfare offers a number of courses and several programmes taught in English where international students and Swedish students are integrated, thus ensuring a global and broadened perspective in the area of health and social welfare.

PROGRAMMES AT SCHOOL OF HEALTH AND WELFARE

Programmes Conducted in SWEDISH

Undergraduate programmes

A number of courses within the programmes are offered in English for exchange students.

- Biomedical Laboratory Science, focusing Laboratory Medicine, 180 credits
- Biomedical Laboratory Science, focusing Clinical Physiology, 180 credits
- Dental Hygiene, 180 credits
- Diagnostic Radiology Nursing, 180 credits
- Nursing, 180 credits
- Occupational Therapy, 180 credit
- Social Work, 210 credits

Master programmes

- Gerontology, 60 credits
- Nordic Master Degree Programme in Gerontology, 120 credits
- Occupational Therapy, 60/120 credits
- Master Programme on Quality Improvement and Leadership in Health and Welfare, 120 credits
- Nursing Science, 60 credits
- Oral Health Science, 60 credits
- Social Work, 60 credits

Programmes Conducted in ENGLISH

Undergraduate programmes

- Prosthetics and Orthotics, 180 credits

Master programmes

- Occupational Therapy, 60/120 credits
- Interventions in Childhood, 60 credits

STUDIES AT JÖNKÖPING UNIVERSITY

CREDITS AND WORKLOAD

In Swedish higher education, the workload of a course is based on the amount of credits that a course is worth. 1.5 credits is equivalent to approximately 40 hours (1 week) of work, which includes lecture hours, group work, seminars, homework etc. Students participating in exchange will receive full credit for all academic work successfully carried out during their

exchange semester. Full time study is 30 credits per semester which is equivalent to 30 ECTS credits.

ACADEMIC CALENDAR

The academic year consists of 40 weeks, divided into two semesters: August – January (autumn semester) and January – June (spring semester). There are no holidays during the semesters.

EXAMINATIONS AND RE-EXAMINATIONS

There are different forms of examinations in the courses. Examinations can be scheduled on weekdays, evenings as well as Saturdays or Sundays. Jönköping University allows students to take re-examinations in failed courses. However, re-examinations can only be taken at Jönköping University.

ACADEMIC CALENDAR

AUTUMN SEMESTER 2020	SPRING SEMESTER 2021
Arrival and pick-up: 13 Aug - 16 Aug	Arrival and pick-up: 9 Jan - 10 Jan
Introduction Week (compulsory): 17 Aug - 21 Aug	Introduction Week (compulsory): 18 Jan - 22 Jan
Course period including regular exams: 24 Aug - 22 Dec/24 Jan *	Course period including regular exams: 25 Jan - 11 June

APPLICATION AND PREREQUISITES

HOW TO APPLY

Once you have been nominated by your home university, you will receive information about how to apply in our online application.

COURSES

Course syllabuses, including the pre-requisites, can be found on our website. You need to have the majority of your courses at the school to which you have been nominated to. School of Health and Welfare reserves the right to limit exchange student enrollment in courses. Please be aware that courses may be cancelled if the minimum number of participants is not reached.

LANGUAGE REQUIREMENTS

Although language test scores are not formally required, all students are

expected to meet the minimum English requirements of School of Health and Welfare, see the website for details. The home institution is responsible for ensuring the students' fluency in English. Students without the adequate level of English run the risk of failing the courses.

PREREQUISITES

The general prerequisite for bachelor exchange students is at least one year of completed university studies at the home institution before the exchange semester. For applicants interested in master level courses, we require qualifications equivalent of a bachelor degree of at least three years.

Read more about exchange studies at: [JU.SE/EXCHANGESTUDIES](https://ju.se/exchangestudies)

*IMPORTANT INFORMATION:

Most courses in the autumn semester finish before Christmas, lectures and seminars can be scheduled until approximately 22 December.

However some courses need to be completed at JU up until 24 January.

Please take this into consideration when planning your departure.



WELCOME TO JU.

Our campus is located in the heart of the city, with everything you need at your fingertips. There are plenty of places to hang out, meet your friends and study. Here's some information you need for starting your new life at JU.

ARRIVAL

GUARANTEED ACCOMMODATION

The Accommodation Office will help you find a place to live. Jönköping University guarantees accommodation to all newly-arriving international students that have been admitted, provided you have applied for accommodation and registered your arrival within the set deadlines. The accommodation guarantee only applies to the registered student and not family members. You will receive information about this once you have been accepted to Jönköping University.

PICK-UP SERVICE

At Jönköping University, we offer a pick-up

service for all the new international students if they arrive in Jönköping during the pick-up dates. This means that we will meet you, for example, at the local airport or train/bus station, bring you to the university and get you settled into your accommodation. You can read more at ju.se/pickup.

INTRODUCTION WEEK

One of the first things you will experience is Introduction Week – an event for all new students to feel welcome, have fun and get to know each other through a variety of social activities, and of course, get prepared for your future studies. The event has been rated one of the best in Europe.

ACCOMMODATION QUICK FACTS

- **Distance from campus:** most housing is between 1-7km. A few are within 20km.
- **Bedroom furnishings:** Bed, wardrobe, desk and chair.
- **Utilities:** electricity, water and internet connection. Access to a shared laundry room and kitchen.
- **Price range:** 3,000-6,500 SEK per month (depending on location).
- **Not included:** bed linen, towels, meals and cleaning services.

This information is approximate. For more detailed information on our housing options, visit ju.se.

STUDENT LIFE

STUDENT UNION

The Student Union is run by students for students. It is a non-profit organisation which mainly works with educational quality, social welfare and integration. It also runs various fun activities, trips and events. It ensures students' rights and quality of education through collaborations with the schools' student associations. It is well represented in various decision-making bodies, providing students with a genuine opportunity to affect decisions regarding their education.

For more information visit:

jonkopingsstudentkar.se/english/about-us

SPORT

Do you love sport? At Jönköping University, you have the chance to join one of the many clubs that are members of Jönköping University Sport Association (JUSA), which is part of the Student Union. The university also collaborates with other clubs and associations, and is an elite-friendly campus where top athletes can get help to succeed in dual careers. The university rowing association, JURA, competes nationally and internationally in university competitions. In September 2019, Jönköping University became the first Swedish university to host the European University Rowing Championships. Campus Arena is the university's modern sports centre, that includes a well-equipped gym as well as a gymnasium for indoor team sports. Students can get a discounted gym membership.



STUDIES

SERVICE CENTER

The Service Center will help you with general study related questions, course certificates or if you just need to find the way to your lecture room. If they cannot answer your question directly, they'll make sure to guide you to the right place.

THE UNIVERSITY LIBRARY

There is plenty of space for individual studies, meetings and group studies in the library. Group rooms and reading rooms are available 24 hours a day. A devotional room for prayer and meditation, is located on the third floor of the library building. You will also find a coffee shop in the entrance.

SPECIAL EDUCATIONAL SUPPORT

Jönköping University facilitate special educational support for students with disabilities.

INTERNATIONAL OFFICE

The International Office cooperates with universities all over the world to offer you the possibility to study abroad. International Office guides you before, during and after your exchange period.

ACADEMIC RESOURCE CENTER

The Academic Resource Center is open to all students at Jönköping University who want to develop their skills in all types of written and oral assignments, in all subjects, and at all levels. We support you in the process and give you the tools to further develop your text independently.



GOOD THINGS TO KNOW:

HEALTH INSURANCE

Exchange students admitted to JU receive a supplementary health insurance, which covers emergency medical and dental care (conditions apply).

For more information please visit ju.se/studenthealthcare

COST OF LIVING

Living costs in Sweden depend largely on your individual life-style. As a student in Jönköping, it is recommended that you have around 8500 SEK per month, covering the following (the prices below are approximate):

- Accommodation: 3,000-6,500 SEK depending on location
- Food: 2,000 SEK
- Phone: 300 SEK
- Monthly bus tickets: 480 SEK
- Laundry and hygiene: 250 SEK
- Clothing, hobbies, leisure: 750 SEK.

All students, including exchange students, are required to pay the obligatory student union membership fee, which is approximately 300 SEK per semester.

Compare your city's cost of living with the costs in Jönköping at numbeo.com

VISA/RESIDENCE PERMIT

Students from countries whose citizens are required to have a visa/residence permit are advised to contact the Swedish embassy or consulate in your home country to start your application for a student visa, which is a procedure that can take two months or more. You are recommended to apply online. In order to apply for a VISA, you need to have a full-time study load, 30 ECTS for one semester.

For more information visit: migrationsverket.se

“It’s an incredible opportunity to gain independence and get a different perspective on your studies and future career.”

Gemma Black

former exchange student at School of Health and Welfare, JU from La Trobe University, Melbourne, Australia



WHY DID YOU CHOOSE TO GO ON EXCHANGE?

I knew that I wanted to experience nursing practice in another country and that by doing an exchange I would be able to gain a significant amount of knowledge, skill and technique that I would be able to bring home to Australia. I also love travelling and this was the perfect opportunity to broaden my horizons, meet new people of different nationalities and flourish as an individual.

WHAT IS THE BEST THING ABOUT JÖNKÖPING UNIVERSITY?

The student life is amazing, with plenty of events for both regular and exchange students. The Kick Off week was lots of fun

and the festival at the end was definitely the highlight for me.

WHAT IS YOUR FAVOURITE MEMORY?

Swimming in the lake with my friends, plus all my travel adventures!

WOULD YOU RECOMMEND EXCHANGE STUDIES TO OTHER STUDENTS?

Personally, nursing and caring for people is my passion – so being able to continue studying my passion overseas is something I will cherish forever. I would highly recommend doing an exchange to all students – it's an incredible opportunity to gain independence and get a different perspective on your studies and future career.



APPLY NOW!

OR AT THE LATEST:

NOMINATION DEADLINE

(for Partner Universities)

Autumn 2020
10 April

Spring 2021
10 October

APPLICATION DEADLINE

(for students)

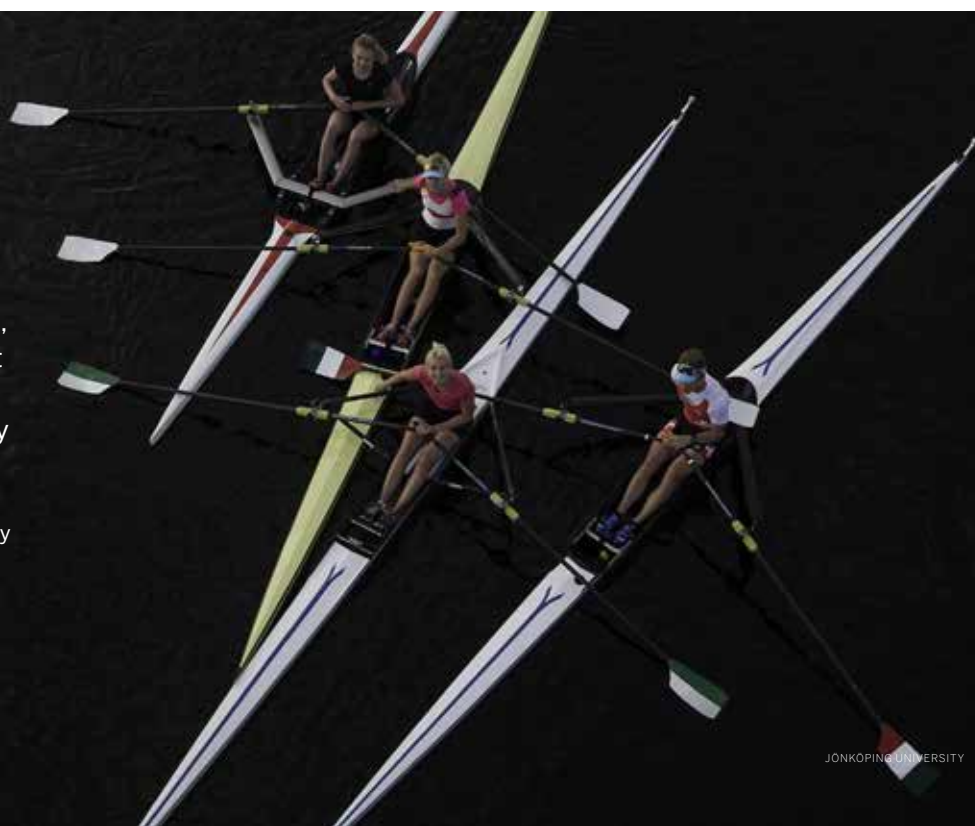
Autumn 2020
15 April

Spring 2021
15 October



Jönköping University is recognised as an Elite Athlete Friendly University by the Swedish Sports Confederation. In collaboration with them and The Special Sports Federations, we offer an elite athlete support scheme. You can join JU's own rowing team, play cricket or why not hockey?

In September 2019, Jönköping University hosted the European University Rowing championships. Around 500 athletes representing over 80 universities, from 21 European countries competed in Jönköping in multiple rowing events.



COURSES – AUTUMN 2020

BACHELOR	CODE	STUDY FIELD	CREDITS	PERIOD			
				24 AUG - 27 SEP	28 SEP - 1 NOV	2 NOV - 6 DEC	7 DEC - 22 DEC / 24 JAN
Gerontological and Geriatric Nursing	HGGN10	N	9	14 SEP - 20 DEC			
Health and Health Problems in Children and Families	HHHN10	N	4,5				4 JAN - 24 JAN
Health and Welfare in a Changing Society	HHFN10	N	4,5	24 AUG - 13 SEP			
Palliative Nursing Care	HPON10	N	4,5	14 SEP - 20 DEC			
Psychiatric Nursing	HPSN10	N	7,5	14 SEP - 20 DEC			
Leadership in Crisis Management	HLCK16	SW	7,5				7 DEC - 19 JAN
Social Work, Participation and Inclusion	HDEN16	SW	7,5	X			
Social Work, Social- and Welfare Policy in a Swedish and International Perspective	HSWK19	SW	7,5			X	
Social Work with Groups and in Community	HSGN13	SW	7,5		X		
Community Oral Health	HCOK18	OH	7,5	X			
Occupational Therapy for Activity Limitations in Disability and Disease	HASN19	OT	30	24 AUG - 24 JAN			
Occupational Therapy, Clinical Placement	HABN10	OT	7,5	X			
Occupational Therapy, Research Methods, Intermediate Course	HAFN10	OT	7,5				7 DEC - 24 JAN
Enabling Participation for Children with Disabilities	HEPN10	OT	4,5	28 SEP - 24 JAN			
Leadership and Quality Improvement	HLKN10	OT	10,5		28 SEP - 29 NOV		
Anatomy and Physiology, Basic Course	HANG18	P&O	7,5			2 NOV - 6 DEC	
Determinants of Oral Health	HDHK18	OH	7,5				X
Clinical Gait Analysis	HGAK11	P&O	7,5				X
Mechanics related to Prosthetics and Orthotics	HMPG18	P&O	7,5				X
Models and Perspectives on Health and Disability	HMHG18	P&O	7,5		X		
Orthotic Management and Biomechanics I	HO1K19	P&O	15	X			
Orthotic Management and Biomechanics II	HOMN10	P&O	7,5	X			
Prosthetic and Orthotic Management of the Upper Limb	HPLK19	P&O	7,5			X	
Prosthetics and Orthotics Introduction	HPIG18	P&O	7,5	X			
Prosthetics and Orthotics, Clinical Placement Studies	HPCN10	P&O	15		X		
Swedish Language, Culture & Society 1	LS1G15	Open for all international students	7,5	24 AUG - 25 OKT			
Swedish Language, Culture & Society 2	LS2K15	Open for all international students	7,5			26 OKT - 27 DEC	
Intercultural & International Communication	TIKG18	Open for all international students	7,5			12 OKT - 12 JAN	

MASTER	CODE	STUDY FIELD	ECTS	PERIOD			
				24 AUG - 27 SEP	28 SEP - 1 NOV	2 NOV - 6 DEC	7 DEC - 22 DEC / 24 JAN
An Occupational Perspective of Health II	HA2R29	OT	7,5	X			

BMA - Biomedical Laboratory Science **G** - Gerontology **N** - Nursing **OH** - Oral health **OT** - Occupational Therapy
P&O - Prosthetics & Orthotics **RN** - Radiology Nursing **SW** - Social Work

***IMPORTANT INFORMATION:** Most courses in the autumn semester finish before Christmas or can be completed from home. Lectures and seminars can be scheduled until approximately 22 December. **However some courses need to be completed at JU up until January.** Please take this into consideration when planning your departure.

COURSES – SPRING 2021

BACHELOR	CODE	STUDY FIELD	CREDITS	PERIOD			
				25 JAN - 28 FEB	1 MAR - 4 APR	5 APR - 9 MAY	10 MAY - 13 JUNE
Gerontological and Geriatric Nursing	HGGN10	N	9	15 FEB - 23 MAY			
Health and Health Problems in Children and Families	HHHN10	N	4,5				17 MAY - 13 JUN
Health and Welfare in a Changing Society	HHFN10	N	4,5	25 JAN - 14 FEB			
Palliative Nursing Care	HPON10	N	4,5	15 FEB - 23 MAY			
Psychiatric Nursing	HPSN10	N	7,5	15 FEB - 23 MAY			
Leadership in Crisis Management	HLCK16	SW	7,5				X
Social Work, Social- and Welfare Policy in a Swedish and International Perspective	HSWK19	SW	7,5			X	
Social Work with Groups and in Community	HSGN13	SW	7,5		X		
Oral Health, International Perspectives	HOIN10	OH	7,5	X			
Oral Health, Clinical Practice II	HO2N14	OH (Online course)	7,5				X
Occupational Based Health Promoting Methods for Older Persons	HHMN10	OT (Online course)	1,5	X			
Occupational Therapy after War-Related Trauma	HKTN10	OT	3	X			
Occupational Therapy and Activity Limitations throughout Life	HAPN10	OT	9	25 JAN - 21 MAR			
Occupational Therapy and Occupational Limitations when in Ill Health and vulnerable Life Situations	HALN10	OT	9				19 APR - 13 JUN
Occupational Therapy, Clinical Placement	HAVN10	OT	6		22 MAR - 18 APR		
Global Perspective on Occupation	HGPN11	OT (Online course)	4,5				24 MAY - 13 JUN
Understanding Participation for Children with Disabilities and their Families	HUCN10	OT	1,5	X			
Pathophysiology related to Prosthetics and Orthotics	HPOK19	P&O	7,5	X			
Applied Materials Technology	HMTK19	P&O	7,5	X			
Evidence Based Practice and Knowledge Translation in Prosthetics and Orthotics	HEBN11	P&O	4	X			
Product Development in Prosthetics and Orthotics	HPDN11	P&O	3,5	X			
Prosthetic Management and Biomechanics of the Lower Limb I	HPMK19	P&O	15				X
Prosthetic Management and Biomechanics of the Lower Limb II	H2PK10	P&O	7,5	X			
Prosthetic and Orthotic Management of the Foot	HFOK10	P&O	15				X
Prosthetic and Orthotic management in Paediatrics	HPMN11	P&O	7,5				10 MAY - 13 JUN
Prosthetic and Orthotics, independent Research Project	HPOP11	P&O	15		X		
Scientific Methods and Statistics	HSCG10	P&O	7,5	X			
Swedish Language, Culture & Society 1	LS1G15	Open for all international students	7,5	X			
Swedish Language, Culture & Society 2	LS2K15	Open for all international students	7,5				X
Intercultural & International Communication	LIIG19	Open for all international students	7,5	X			

MASTER	CODE	STUDY FIELD	ECTS	PERIOD			
				25 JAN - 28 FEB	1 MAR - 4 APR	5 APR - 9 MAY	10 MAY - 13 JUNE
Crisis Leadership in Social Work	HCLS28	SW	7,5				X

EXPERIENCE SWEDEN IN THE SUMMER

JU SUMMER SCHOOL 2020

Global Perspectives on Health and Welfare | CREDITS: 10 | DATE: 8 June – 3 July

For more details, visit ju.se/summerschool

English proficiency: TOEFL/IELTS required or equivalent.

To be considered a full time student you need to take a study load of 30 ECTS/semester.

In order to apply for a VISA, you need to be a full-time student.

The course dates are approximate, changes to the courses can be made.

This is an overview of the courses we expect to be offering in the academic year 2020-2021.

If there are additions or cancellations, these will be updated on our website **JU.SE**

JU.SE

For more information and online application
visit ju.se/exchangestudies



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