

## CAREER COUNSELLING SERVICES

- feedback on all types of applications such as CVs resumé and cover letters for both the Swedish and the international job market.
- simulated job interviews based on desired occupation and branch.
- career guidance and information about your future labour market.

Book an appointment by sending an e-mail to [careercenter@ju.se](mailto:careercenter@ju.se)

## PROGRAMME ACTIVITIES

Every semester the Career Center invites international and Swedish students to take part in lectures and seminars given in English. These focus for example on career development, the Swedish labour market and the international labour markets.

Register for our activities at [ju.se/careercenter](http://ju.se/careercenter)

## CAREER CENTER WEBSITE

At our website you will find useful information about how to find and apply for jobs both in Sweden and internationally. You will also find hundreds of links that will help you prepare for your future career

[ju.se/careercenter](http://ju.se/careercenter)

## JOB PORTAL

Both Swedish and international companies advertise job opportunities on our website.

[ju.se/jobportal](http://ju.se/jobportal)

## PLEASE VISIT US

Second Floor, Building K  
Jönköping University Campus,  
Gjuterigatan 5

[careercenter@ju.se](mailto:careercenter@ju.se)

[ju.se/careercenter](http://ju.se/careercenter)

[facebook.com/careercenterju](https://www.facebook.com/careercenterju)

## CONTACT

Andreas Torén, *Head of Student  
Counselling and Service*

Lisa Wikberg, *Career Counsellor*

Anders Allegrind, *Career Counsellor*

Read more and register at [ju.se/careercenter](http://ju.se/careercenter)

## CAREER CENTER

# EVENTS

## AUTUMN 2019



JÖNKÖPING UNIVERSITY

# SEPTEMBER

## Study skills – The Swedish way

Håkan Fleischer – PhD in Education. Håkan has long experience of teaching methods for study skills. Håkan also has a podcast regarding study skills issues called “Studieteknikpodden”. Come and learn how to get the most out of your studies in the most efficient way.

**Tuesday September 10th 4-7 pm**  
Hc113 School of Education and Communication

## Jobs in Sweden?

Job-hunting and general information about how to approach the Swedish labour market.

**Tuesday September 17th 12-1 pm**  
E1029 School of Engineering  
*Lunch is offered for pre-registered students.*

## Job applications – how do you write them?

Information about CV & Cover letters.

**Monday September 23rd 12-1 pm**  
B1014 Jönköping International Business School  
*Lunch is offered for pre-registered students.*

## Job Interviews – how do you survive them?

Information about common Interview questions and how you should prepare yourself.

**Tuesday September 24th 12-1 pm**  
B1033 Jönköping International Business School  
*Lunch is offered for pre-registered students.*

# OCTOBER

## Workshop - Learn the basics of LinkedIn

Do you want to get started with LinkedIn? Do you want to know how recruiters work with LinkedIn for recruiting? How to you build your network? Bring your computer for practical exercises. For beginners. Limited number of participants.

**Tuesday October 8th 4-5 pm**  
B3008 Jönköping International Business School

## An alumnus story – Helén Truong, Group Manager at Husqvarna Group and winner of young female leader of the year 2018

Meet Helén Truong, a former School of Engineering student from the programme Industrial Engineering and Management, Logistics and Management, who now works at Husqvarna group as group manager within Project Management Office. She is the winner of the 2018 Award “Best young promising female leader” and has done a traineeship as CEO at Elmia. Listen to Heléns exciting story about drive, career development and leadership challenges.

**Wednesday October 9th 12-1 pm**  
E1029 School of Engineering  
*Lunch is offered to pre-registered students.*

## How to make business success on LinkedIn

Christoffer Bertilsson is the CEO of Linked-kurs and during this lecture he will show you the important business strategies for succeeding on LinkedIn. He will inspire you with concrete tips on how to improve your profile, get control

of who’s looking at your posts and the secret search functions to find the right people to connect with. He will also give you tips on what content to share to create action in your network. Welcome to this inspirational lecture about LinkedIn.

**Tuesday October 22nd 4-5.30 pm**  
B1033 Jönköping International Business School

## An alumnus story – Fredrik Westin from Spotify

Fredrik Westin is an alumni from the programme Media and Communication and has since his graduation worked with several roles within Spotify, now as a Senior Nordic and Product Communications Manager. Fredrik will tell you about his journey from School of Education and his exchange studies from Penn State University in New York to how he ended up in one of the world’s most upcoming and exciting companies.

**Wednesday October 23rd 12-1 pm**  
Hc113, School of Education and Communication  
*Lunch is offered for pre-registered students.*

# NOVEMBER

## Job Hunting

How to find jobs and how to use and grow your network during your time as a student.

**Tuesday November 5th 12-1 pm**  
Hb116 School of Education and Communication  
*Lunch is offered for pre-registered students.*

## Job Applications – how do you write them?

Information about CV & cover letters.

**Wednesday November 6th 12-1 pm**  
Hb317 School of Education and Communication  
*Lunch is offered for pre-registered students.*

## Job Interviews – how do you survive them?

Information about common interview questions and how you should prepare yourself.

**Thursday November 7th 12-1 pm**  
Hb116 School of Education and Communication  
*Lunch is offered for pre-registered students.*

## Study skills – Get the most out of your studies

Björn Liljeqvist has more than 10 years experience in lecturing about study skills, memory techniques and speed reading. His book about study skills has sold over 18000 copies and it is recommended by many universities throughout Sweden.

**Tuesday November 19th 4-7 pm**  
Hc218, School of Education and Communication

## Internships in Sweden and abroad - how to get them and where to start

Want to do an Internship, maybe even in a foreign country? Get information about different opportunities for professional internships, information about how to find them and how to apply.

**Thursday November 21st 12-1 pm**  
B1033 Jönköping International Business School  
*Lunch is offered to pre-registered students.*

## Personal branding

The future labour market requires personal branding. How do you do it and why? Andreas Torén, Career Counsellor

**Tuesday November 26th 12-1 pm.**  
E1405 School of Engineering  
*Lunch is offered for pre-registered students.*

## Career Planning

Career development and the 4 steps for successful career planning! Andreas Torén, Career Counsellor

**Wednesday November 27th 12-1 pm**  
E1405 School of Engineering  
*Lunch is offered for pre-registered students.*

### IMPORTANT INFORMATION about our lunch lectures!

When Career Center is offering lunch during a lecture you need to sign up **at the latest 2** working days before the event starts to be guaranteed lunch.

**MORE INFO & SIGN UP**  
[ju.se/careercenter](http://ju.se/careercenter)