We will make it the best time of your life!

Jönköping Student Union is here for you and it's our job to make sure that you will enjoy your stay! We do everything from **fun activities, trips and events** - to make sure you have something to do while you're not studying - and we also keep track of your rights as students and make sure that your education is of good quality!

Jönköping Student Union is a non-profit organization which mainly works with educational quality, social welfare and integration. When it comes to integration, the purpose is to especially work with integrating international and Swedish students at Jönköping University. We also do our best to provide international students with an understanding and experience of Swedish society, culture and traditions.

As a student at Jönköping University it is mandatory to be a member of the Student Union. This means that you have to pay a fee every semester. The fee is already included in your tuition, if you are required to pay one. Please read more about this at

http://www.jonkopingsstudentkar.se/english/about-us/membership.html.

You pay the fee once you started your studies at Jönköping University and you'll get more information about it upon arrival.

We know it's not easy to come to a new country with a totally different culture than you are used to. So besides from events and activities, the Student Union's Integration and Activity Committee (IAC) also offers two programs:

• **The Buddy Program** aims to strengthen social networks and to make adjusting into life in Jönköping easier from the student's perspective. If you apply to get a Buddy, you will get in contact with a current student at the University. Here you can watch what a former exchange student had to say about the Buddy Program:



http://www.jonkopingsstudentkar.se/english/international/get-a-buddy.html

• The Culture Exchange for Families and students Program allows the students to "become" a part of a Swedish family in the Jönköping area and create even better bonds. We have a limited amount of contact families,

so unfortunately we can't guarantee that everyone will get one.

To sign up for the programs, please visit <u>www.jonkopingsstudentkar.se/english/international</u>. The programs are free of course. **Apply today!** (If you apply for a Buddy before the 1st of August you will get a Buddy around the 10 th of August. If you apply later, you will get a Buddy later on).

Take a look at the pages below for the preliminary schedule of the Student Union's activities and trips for next semester! You'll also find more information on our website and on **IACjkpg** on Instagram.

See you soon! Best regards, Maggie Hovhanessian Integration Coordinator at Jönköping Student Union presinter@js.ju.se





August:

Kick off Weeks (17th - 28th)

The Student Union together with the Student Association at your school will take good care of you during these days; offering fun activities and events to make sure you get to know Jönköping, Jönköping University and of course your new classmates!

The single biggest event during these weeks is the Kick Off Festival. We close down the whole campus area for the day and world famous and celebrated Swedish artists take the stage, for ALL students of Jönköping University. You don't want to miss this!



Remember that this schedule is preliminary and events and dates might change during the semester. Always keep an eye on our webpage <u>www.jonkopingsstudentkar.se/english</u> for the updated schedule, or like us on Facebook, <u>www.facebook.com/jkpgstudentkar.</u>

September:

Buddy Mingle Color Run Swedish Culture Day Student Life Fair Kayak Tours Food Safari Trips to Norway

Pssst: **Culture Days** depend on international students at Jönköping University. The Culture Days take place on Fridays 12:00-13:00 in HLK. Here you have the chance to present your country and your culture. The Integration and Activity Committee (IAC) will help you with anything you need. You will get a budget for your expenses! Just contact us for if you are interested!



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October:

Moose Safari Day Trip Trip to Copenhagen The Students' Day Trip to Russia and the Baltics



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November:

Go Exchange

All the international students get to present their country, culture and home university. The participation is **mandatory** for all exchange students! So remember to pack and bring traditional clothes, something representing your culture and information about your home university that you can use during this event! You are expected to represent your home university.



The Language Café takes place once a week. There, you can either learn or teach a new language in an informal way while also meeting new people in a cozy environment!



Go Exchange

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December:

Lapland Trips Ski Trips Farewell Mingle



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