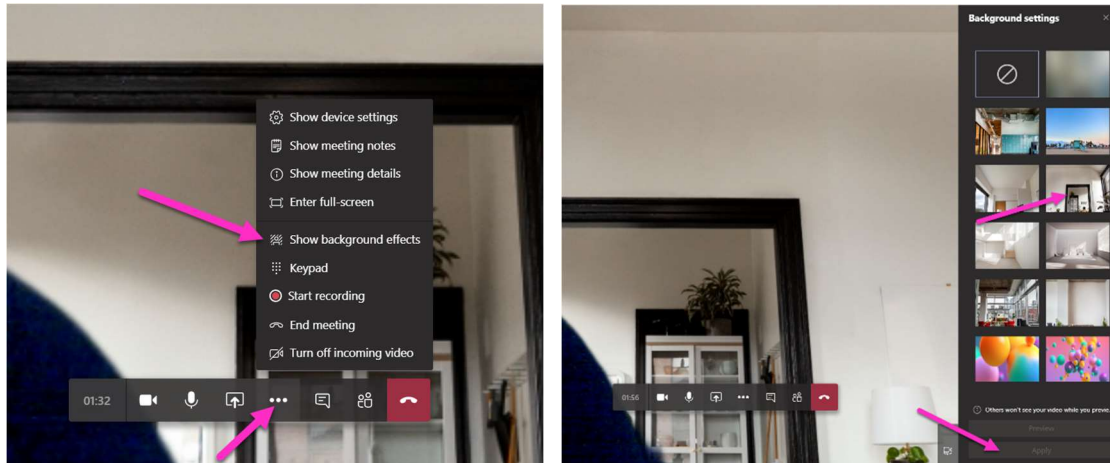


Virtual background in teams meeting

In a Microsoft Teams meeting you can change your background screen to a virtual image or a blurred image. To do this click on the three dots, choose "show background effects", click on a image and choose "Apply".

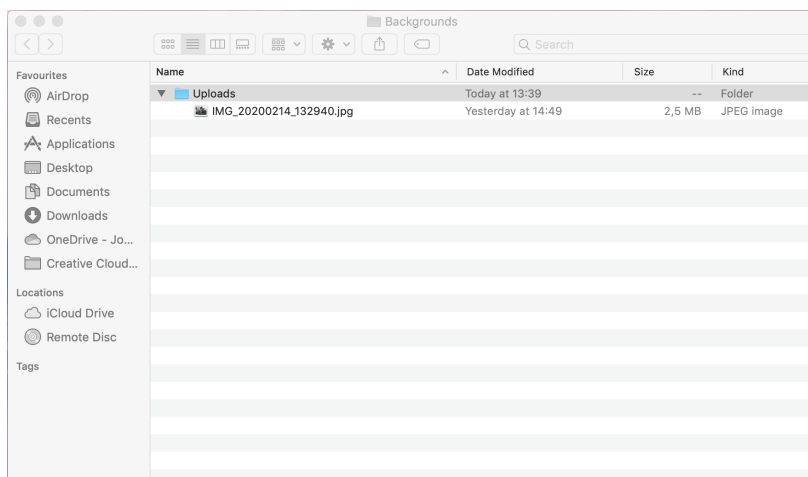


The choice to upload your own image does not at the moment exist in Teams, but this function is said to be released in May 2020. But it may take some time before it appears in our Teams here at Jönköping University.

A workaround is to open Spotlight Search and type in the below text:

`/users/username/Library/Application Support/Microsoft/Teams/Backgrounds/`

Before you search, replace **username** with your own username.



In the folder Uploads you can add your own image. When this is done you will be able to find your background image in the Teams meeting.