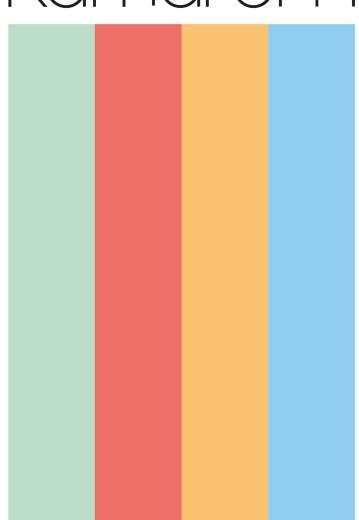
### STUDENT GUIDE

# Karriärum



## WHAT IS KARRIÄRUM?

Karriärum is JU's biggest career fair for JTH students. At the fair, 120 companies will exhibit. Here you will have the chance to make contacts with companies, a chance to find IPC/NFK, final thesis, and extra jobs.

### When is Karriärum?

The fair is on Wednesday, 9th of November from 10 a.m. to 3 p.m.

### Why should I go to Karriärum?

Here you get the opportunity to meet companies and make contact with them. You can talk to 120 companies. Get the opportunity to make contact with companies in your future line of work and for your IPC/NFK or EX-job.

### **EXHIBITORS 2022 1-120**

i	Karriärum
1	Thule Group AB
2	Tekniska Högskolan i Jönköping
3	Peab Sverige AB
4	Fagerhults Belysning AB
5	Elgiganten Logistik AB
6	Norconsult AB
7	Jordbruksverket
8	Domstolsverket
9	JSB Construction
10	Scania CV AB
11	Saab AB
12	Orange Cyberdefense
13	Pontarius AB
14	Qtech Group AB
15	Sigma Industry South AB
16	Soltech Energy Solutions
17	Husqvarna Group
18	Svenskt Aluminium
19	Proton Group
20	Allevi Group AB
21	NPB Automation AB
22	Serneke
23	Tietoevry
24	BDC Byggkonsult
25	Hifab AB
26	Semcon AB
27	JSC IT-partner AB
28	Trafikverket
29	Wästbygg entreprenad AB
30	Telia Cygate
31	Attends Healthcare AB
32	ITAB Shop Concept Nässjö AB
33	Jönköping Energi
34	Bosch Thermoteknik AB
35	Kitron AB
36	Nässjö Takstolsfabrik AB
37	SVEVIA
38	Toxic Interactive Solutions
39	ESBE AB
40	Addpeople
41	Träcentrum Nässjö Kompetensutveckling AB
42	3bits Consulting AB
43	YLAB
44	Jönköpings kommun Stadsbyggnadskontoret
45	Jönköpings kommun Tekniska kontoret

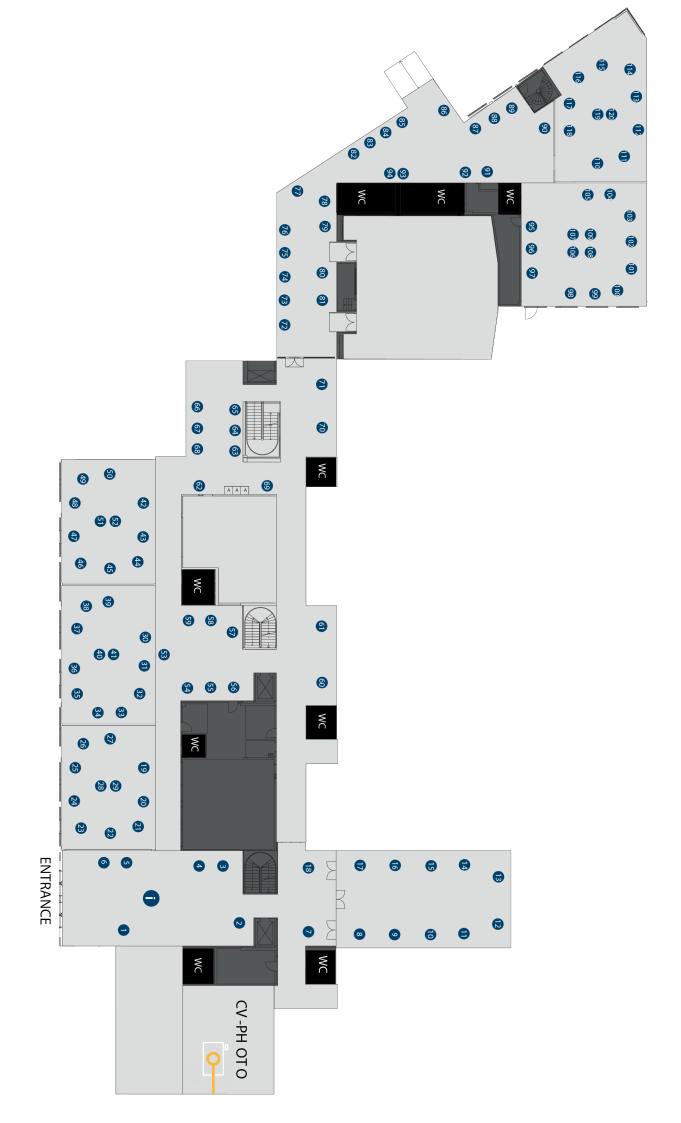
Tekniska kontoret



46	Jönköping Kommun Digitaliseringsavdelningen
47	Dizparc
48	Together Tech AB
49	PrismaTibro
50	Zmarta Group
51	Unga Akademiker
52	HiQ
53	Skövde
54	CEJN
55	Byggföretagen Skaraborg
56	The Farm
57	AFRY Skövde
58	Elos Medtech
59	Elektroautomatik
60	Qnister
61	Bravida Sverige AB
62	ALTEN Sverige
63	Soliber Ingenjörer AB
64	Stella Rekrytering och Ledarskap
65	Sigma Technology Embedded Solutions AB
66	Tyréns
67	Etteplan
68	AB Sigfrid Stenbergs
69	AFRY
70	Pulsen Omsorg
71	Sesol AB
72	Skanska Sverige AB
73	We Know IT Sweden AB
74	Axelent AB
75	Verendus System AB
76	AB Blåkläder
77	LINK Arkitektur
78	Ongoing
79	EAB
80	Herenco AB
81	Globe Technologies
82	Combitech AB
83	Rejlers Sverige AB
84	Sigma Civil
	-
85	XENSE Vision
86	PE Teknik och Arkitektur AB
87	Nobia
88	Sweco Sverige AB
89	Nexans
90	Spotify



91	Habo kommun - IT-enheten	$\bigcirc$
92	Habo kommun - Tekniska förvaltningen	
93	Career Center Jönköping University	
94	International Office Jönköping University	
95	NCC Sverige AB	
96	Conservator AB	$\bigcirc$
97	IKG Group AB	
98	COWI AB	$\bigcirc$
99	Forsheda Hus AB	
100	Volvo Group Digital IT	$\bigcirc$
101	Volvo GTO Powertrain Skövde	
102	Aditro Logistics AB	$\bigcirc$
103	Exsitec	
104	FläktGroup	
105	Njudung Energi	
106	WEconstruct Jönköping	$\bigcirc$
107	Bufab Sweden AB	
108	Science Park	
109	Sogeti Sverige AB	
110	ByggDialog AB	
111	Byggnadstekniska Byrån Sverige AB - Sitowise Sverige AB	$\bigcirc$
112	Nässjö kommun	
113	Videntes	$\bigcirc$
114	Datakraft i Småland AB	
115	Softhouse	
116	CGI Sverige AB	
117	Svenska Gjuteriföreningen	
118	Randstad Engineering	
119	Saab AB Surveillance	
120	Consid AB	



## **KARRIÄRUM TIPS**

Remember that a first impression is made within the first 7 seconds of an interaction.

So go through the list of companies attending Karriärum and select the ones you are most interested in and prepare an elevator pitch, why you and why that company? Another tip is to go through and select companies that are in your field so that you have a checklist of all the companies you should visit during the fair. Make sure to also include companies that might be unexpected choices for you or maybe not your top pics because you never know what they might have in store for you.

Try to stand out from the crowd and make a lasting impression by engaging with the people in the booths, asking questions, and being generally interested in what they have to offer. This is also a surefire way to make future connections.

A handy tool to help cultivate and make lasting connections is LinkedIn, so if you don't already have an account make sure to register and set up your profile before the fair. If you already do have an account, then make sure that your profile is updated and attractive, and appealing to companies. A Tip is to look around on the internet. There are tons of guides on how to improve your LinkedIn profile.

Also, don't be afraid to be yourself during the fair, and don't just follow the crowd or your friends around. Approach the companies you find interesting and do so alone to get a lot more out of the interaction if you talk to the companies by yourself.

Also, make sure to create an account on JobTeaser before Karriärum and upload your CV as this will enable all the companies at the fair to take part in your CV. It will also be possible through JobTeaser to book one on one sessions with some of the companies to have longer, more meaningful conversations about the opportunities that you might present for one another.

Most importantly don't forget to have fun during the fair.

## **CV TIPS**

One tip is that you write a special CV for Karriärum where you are clear about what you are looking for and what kind of job are you looking for, are you looking for IPC/NFK, final thesis connections, or an extra job. If you are looking for IPC/NFK or final thesis connections, it is with high importance that you include the period you are applying

When writing your CV, remember that you should not write about yourself as a person, but rather about your experience and knowledge.

When you describe your education, describe in detail what you read and what you learned, for example, is there any particular program that you have learned and can benefit from.

If you have already had your internship, it is of high importance that you clarify what you have done, what experiences you have gained from it, and what role you have had.

If you don't have a good photo for your CV, you have the opportunity to take one at the fair.

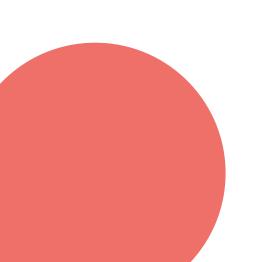
References are included in the CV on request.

Please include a link to your LinkedIn profile

Once you have written your CV, you can always have it reviewed by Career Center. They check for example so that everything you bring is necessary and relevant. You don't have to have a photo on your CV, but in Sweden companies prefer it.

### JobTeaser

JobTeaser is the job portal of JU, you can compare it to a small LinkedIn. Here you can find a lot of things such as events connected to careers, jobs, etc. You can also find all the companies that will exabit at Karriärum and apply for one-to-one meetings with some of them. More information about this can be found below. If you choose to upload your CV and register for Karriärum at JobTeaser your CV will be sent out to all the companies attending the fair.



### **JobTeaser GUIDE**

**1.** Visit <u>https://ju.se/student/karriar/jobbportalen.html</u> and create an account.

2. Follow the steps and fill in the required information.

**3.** Once you have an account you can fill in more information under your profile such as uploading your CV.

To upload your CV:

**4.** Go to the tab "Events" and search for KARRIRÄUM.

**5.** Once you have found the event "Karriärum" visit the event page by clicking on it. Then press register.

**6.** If you scroll down to the bottom of the Karriärum event page, you will find all the companies that will exhibit at the fair. If you press on a company, you can find more information about them.

If you have any questions regarding JobTeaser, please contact Career center.

## 1:1 MEETING

As a student, you have the opportunity to book one-to-one meetings, during Karriärum, with some of the companies. At the meeting, you get the opportunity to sit down with the company and have a deeper conversation, the opportunity to promote yourself more, and ask questions. You can apply for the one-to-one meeting at the Karriärum event page at JobTeaser. You need to do this before the 7th of November!



### 1:1 MEETING

**1.**Get a JobTeaser account!

2. Visit the Karriräum's event page

**3.**Scroll down to find the applications for the 1:1 meeting.

4.Send in your application by pressing apply and then register

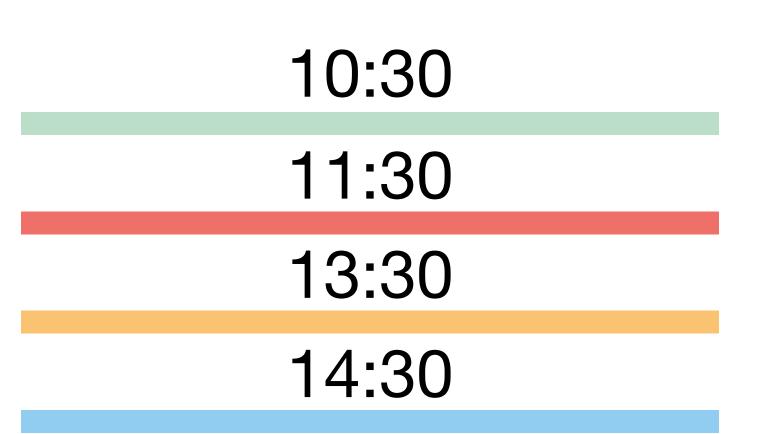
**5.**When you have sent in your application the company will review your CV and either confirm your application or deny it. If they confirm it you will get a confirmation e-mail and then you must book a timeslot for the meeting. You can find the timeslots on the application's front page. Only one student per timeslot which means you can only book the timeslots that are available at the time.

When? Before 7th of November.

**Where?** You can find the location details for your meeting in your booking information. If you have any further questions, just ask the Karriärum team at the entrance of the fair.

### **GOODIE BAGS**

The goodie bags will be filled with a lot of nice stuff from the companies. There will be a limited amount of goodie bags, so if you want one, be on time.





### **TEAM 2022**

Karriärum



orner



Korrirum

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