



## COURSE SYLLABUS

# Cardiovascular Nursing from a person Centered Perspective, 7.5 credits

*Cardiovascular Nursing from a person Centered Perspective, 7,5 högskolepoäng*

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<b>Course Code:</b> HCNK17	<b>Education Cycle:</b> First-cycle level
<b>Confirmed by:</b> Director of Education Jan 13, 2017	<b>Disciplinary domain:</b> Health sciences
<b>Valid From:</b> Jan 23, 2017	<b>Subject group:</b> OM1
<b>Version:</b> 1	<b>Specialised in:</b> G1F
<b>Reg number:</b> 2016/4880 (313) Avdelning för omvårdnad	<b>Main field of study:</b> Nursing

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### Intended Learning Outcomes (ILO)

Upon completion of the course the student will be able to;

#### Knowledge and understanding

- describe and reflect upon the extent of cardiovascular problems from an epidemiological and international perspective
- describe and critically review the health care organisation of some of the most common cardiovascular problems
- describe and reflect upon how gender-, age- and cultural related factors influence the risk for cardiovascular problems
- describe and reflect upon the life situation during the life span regarding cardiovascular problems from a patient and family perspective.

#### Skills and abilities

- perform promotive/preventative nursing activities that reduce the risk of cardiovascular problems and increase adherence to and participation in care and treatment.

#### Judgement and approach

- reflect upon the epidemiological and international perspective of the individual and its importance regarding cardiovascular problems
- reflect upon how own values and approach/attitudes affect nursing in connection to cardiovascular problems.

### Contents

- the effects of cardiovascular problems in an international context
- differences of cardiovascular problems from a gender and age perspective
- cardiovascular problems from a patient and family perspective
- use of the concepts, empowerment, self-care, adherence, behavioral change, health related quality of life and social support in cardiovascular care
- different aspects of the cardiac care process
- the role of cardiovascular nursing in disease management programs

- promotion and prevention

### Type of instruction

The course is conducted in the form of teaching sessions, individual studies and seminars on campus.

The teaching is conducted in English.

### Prerequisites

General entry requirements. Passing grades in 30 credits and completed the remaining 30 credits in year one of the nursing program and Health and Health Promotion in Nursing, 15 credits and Person-centred Nursing Care I, 15 credits (or equivalent).

For students enrolled in School of Health and Welfare' partner universities, eligibility requirements of their respective institutions apply in accordance with the above qualifications (or equivalent skills).

### Examination and grades

The course is graded A, B, C, D, E, FX or F.

The examination will be based on one individual examination paper and seminars.

University lecturer serves as the course examiner.

Registration of examination:

Name of the Test	Value	Grading
Individual paper	5.5 credits	A/B/C/D/E/FX/F
Seminars	2 credits	U/G

### Other information

#### Attendance requirements:

Attendance is compulsory at seminars.

### Course literature

Piepoli, M., Hoes, A., Agewall, S., Albus, C., Brontons, C., Catapano, A., & Verschuren, M. (2016). 2016 European Guidelines on cardiovascular disease prevention in clinical practice *The Sixth Joint Task Force of the European Society of Cardiology and Other Societies on Cardiovascular Disease Prevention in Clinical Practice* (constituted by representatives of 10 societies and by invited experts). *European Heart J*, 37 (29): 2315-2381.

Herdman, T.H., & Kamitsuru, S. (Eds). (2014). *NANAD International Nursing Diagnoses: Definitions & Classification*, 2015-2017. Oxford: Wiley Blackwell.

The most recent editions of the course literature should be used.

Scientific articles within the subject will be added.