COURSE SYLLABUS
Palliative Nursing Care, 4.5 credits

Palliativ omvårdnad, 4,5 högskolepoäng

Intended Learning Outcomes (ILO)
Upon completion of the course students should have the ability to:

Knowledge and understanding
- give details of palliative nursing and the philosophy of palliative care
- give details of the care of patients and those close to them in the event of death
- demonstrate an understanding of existential, social and cultural dimensions of the grieving process.

Skills and abilities
- hold the difficult conversations with patients and those close to them
- identify palliative nursing needs and plan the carrying out and evaluation of nursing.

Judgement and approach
- with a person-centred perspective regarding patients and those close to them, reflect on culture, ethics and human rights in co-produced, palliative nursing
- reflect on and analyse own thoughts at the approach of death and problems of separating own and other’s needs in the nursing of dying patients.

Contents
- Palliative nursing
  - patient, close relative/friend and professional perspectives
  - symptoms and symptom alleviation
  - complementary treatment methods
- The philosophy and core values of palliative care
  - the grieving process
  - existential, spiritual and cultural dimensions
  - the difficult conversations (transition to palliative care included therein)
- Care in the event of death
- Acts and other legislation

Type of instruction

Course Code: HPON10
Confirmed by: Utbildningsrådet Nov 27, 2018
Revised by: Director of Education Nov 28, 2019
Valid From: Jan 20, 2020
Version: 4
Reg number: 2019/ Department of Nursing

Education Cycle: First-cycle level
Disciplinary domain: Health sciences
Subject group: OM1
Specialised in: G2F
Main field of study: Nursing
The course is implemented through lectures, seminars, study assignments and practical application at a clinical training centre (CTC).

The teaching is conducted in English.

**Prerequisites**
General entry requirements and successful completion of semester 1 courses (or equivalent knowledge). Semester 1 comprises: Nursing Science – Profession, Subject and Science, 15 credits; Human Physiology and Anatomy for Nurses, 7.5 credits; Applied physiology and anatomy in nursing, 3 credits; and, Psychology, Nursing 4.5 credits. Additionally, completion of semester 2 and 3 courses (or equivalent knowledge) is also required. Semester 2 comprises: Medical Microbiology, Hospital Infection Control and Immunology for Nurses, 7.5 credits; Person-centered Care, Caring Approach and Communication, 7.5 credits; and, Practical Fundamentals In Nursing and Safety, 15 credits. Semester 3 comprises: Nursing in Health Problems, 15 credits; and, Pathophysiology and Pharmacology for Nurses, 15 credits.

**Examination and grades**
The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and practical application.

A university senior lecturer serves as examiner for the course.

Registration of examination:

<table>
<thead>
<tr>
<th>Name of the Test</th>
<th>Value</th>
<th>Grading</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual written exam</td>
<td>2.5</td>
<td>A/B/C/D/E/FX/F</td>
</tr>
<tr>
<td>Seminars</td>
<td>1</td>
<td>U/G</td>
</tr>
<tr>
<td>Practical application</td>
<td>1</td>
<td>U/G</td>
</tr>
</tbody>
</table>

**Other information**
Clinical Placement-integrated learning (VIL) provides 1 of the course's total of 4.5 credits.

**Course literature**

**Alternative**

The latest edition of the course literature shall be used. Scientific articles and other study materials will be added.