



## KURSPLAN

# Palliativ omvårdnad, 4,5 högskolepoäng

## *Palliative Nursing Care, 4.5 credits*

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<b>Kurskod:</b>	HPON13	<b>Utbildningsnivå:</b>	Grundnivå
<b>Fastställd av:</b>	Utbildningsrådet 2022-09-29	<b>Utbildningsområde:</b>	Vård
<b>Gäller fr.o.m.:</b>	2023-01-23	<b>Ämnesgrupp:</b>	OM1
<b>Version:</b>	1	<b>Fördjupning:</b>	G2F
<b>Diarienummer:</b>	Department of nursing	<b>Huvudområde:</b>	Omvårdnad

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### Lärandemål

Upon completion of the course students should have the ability to:

#### Kunskap och förståelse

- give details of palliative nursing and the philosophy of palliative care
- give details of the care of adult patients and those close to them in the event of death
- demonstrate an understanding of existential, social and cultural dimensions of the grieving process.

#### Färdighet och förmåga

- show ability to perform difficult conversations with adult patients and those close to them
- identify palliative nursing needs and plan the carrying out and evaluation of nursing.

#### Värderingsförmåga och förhållningssätt

- reflect, with a person-centered perspective, regarding adult patients and those close to them
- reflect on culture, ethics and human rights in co-produced, palliative nursing
- reflect on and analyze own thoughts at the approach of death and problems of separating own and others` needs in the nursing of adult dying patients.

### Innehåll

- palliative nursing
  - patient, close relative/friend and professional perspectives
  - symptoms and symptom alleviation
  - complementary treatment methods
- the philosophy and core values of palliative care
  - the grieving process
  - existential, spiritual and cultural dimensions
  - the difficult conversations (transition to palliative care included therein)
- care in the event of death
- acts and other legislation

### Undervisningsformer

The course is implemented through lectures, seminars, study assignments and practical

application at a clinical training center (CTC).

Undervisningen bedrivs på engelska.

### **Förkunskapskrav**

Grundläggande behörighet samt avslutade kurser inom sjuksköterskeprogrammets termin 1 och 2 eller motsvarande kunskaper. Vidare krävs genomgångna kurser i termin 3 inom sjuksköterskeprogrammet eller motsvarande kunskaper.

### **Examination och betyg**

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Examination will be based upon written individual examination, seminars and practical application.

A university senior lecturer serves as examiner for the course.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Individuell skriftlig examination	2,5 hp	A/B/C/D/E/FX/F
Seminarier	1 hp	U/G
Praktisk tillämpning	1 hp	U/G

### **Övrigt**

Clinical Placement-integrated learning (VIL) provides 1 of the course's total of 4,5 credits.

### **Kurslitteratur**

Walshe, C., Preston, N., & Johnston, B. (Ed.). (2017). *Palliative care nursing: Principles and evidence for practice*. Open University Press.

The latest edition of the course literature shall be used.