



## KURSPLAN

# Hälsa och hälsoproblem hos barn och familj, 4,5 högskolepoäng

*Health and Health Problems in Children and Families, 4.5 credits*

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Kurskod:	HHHN13	Utbildningsnivå:	Grundnivå
Fastställd av:	Utbildningsrådet 2022-09-29	Utbildningsområde:	Vård
Reviderad av:	Avdelningschef 2023-04-11	Ämnesgrupp:	OM1
Gäller fr.o.m.:	2023-01-23	Fördjupning:	G2F
Version:	2	Huvudområde:	Omvårdnad

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### Lärandemål

Upon completion of the course students should have the ability to:

#### Kunskap och förståelse

- describe children's biopsychosocial development
- describe health and failing health in children and its impact on families
- identify signs that indicate that children are at risk of harm
- describe children's need of nursing when in failing health in relation to co-production nursing in children and families.

#### Färdighet och förmåga

- apply a caring approach and, with the aim of supporting and strengthening health and alleviating suffering by demonstrate communicative skills when talking with children and families.

#### Värderingsförmåga och förhållningssätt

- reflect on own values and approach as well as on care environments in meetings with children and families
- reflect on children's and families' prospects for health in a global perspective.

### Innehåll

- children's development
- children's perspectives and children's rights
- family-centred nursing
- health, ill health, variations in ability and nursing problems in children and adolescents
- in connection with nursing and treatment, communicating with and preparing children
- pain in children
- global perspective of family health

### Undervisningsformer

The course is implemented through lectures, seminars and study assignments.

Undervisningen bedrivs på engelska.

### Förkunskapskrav

Grundläggande behörighet samt avslutade kurser inom sjuksköterskeprogrammets termin 1 och 2 eller motsvarande kunskaper. Vidare krävs genomgångna kurser i termin 3 inom sjuksköterskeprogrammet eller motsvarande kunskaper.

### Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Examination will be based upon written individual examination, seminars and written assignments.

A university lecturer serves as examiner for the course.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Skriftlig individuell tentamen	2 hp	A/B/C/D/E/FX/F
Seminarier	1,5 hp	U/G
Inlämningsuppgifter	1 hp	U/G

### Kurslitteratur

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. Sage.

Price, J., & McAlinden, O. (Ed.). (2018). *Essentials of Nursing Children and Young People*. Sage.

United Nations (1989). *Convention on the Rights of the Child*. Downloaded from <http://www.unicef.org>

The latest edition of the course literature shall be used. Scientific articles and other study materials will be added.