



KURSPLAN

Palliativ omvårdnad, 4,5 högskolepoäng

Palliative Nursing Care, 4.5 credits

Kurskod:	HPON13	Utbildningsnivå:	Grundnivå
Fastställd av:	Utbildningsrådet 2022-09-29	Utbildningsområde:	Vård
Gäller fr.o.m.:	2023-01-23	Ämnesgrupp:	OM1
Version:	1	Fördjupning:	G2F
Diarienummer:	Department of nursing	Huvudområde:	Omvårdnad

Lärandemål

Upon completion of the course students should have the ability to:

Kunskap och förståelse

- give details of palliative nursing and the philosophy of palliative care
- give details of the care of adult patients and those close to them in the event of death
- demonstrate an understanding of existential, social and cultural dimensions of the grieving process.

Färdighet och förmåga

- show ability to perform difficult conversations with adult patients and those close to them
- identify palliative nursing needs and plan the carrying out and evaluation of nursing.

Värderingsförmåga och förhållningssätt

- reflect, with a person-centered perspective, regarding adult patients and those close to them
- reflect on culture, ethics and human rights in co-produced, palliative nursing
- reflect on and analyze own thoughts at the approach of death and problems of separating own and others` needs in the nursing of adult dying patients.

Innehåll

- palliative nursing
 - patient, close relative/friend and professional perspectives
 - symptoms and symptom alleviation
 - complementary treatment methods
- the philosophy and core values of palliative care
 - the grieving process
 - existential, spiritual and cultural dimensions
 - the difficult conversations (transition to palliative care included therein)
- care in the event of death
- acts and other legislation

Undervisningsformer

The course is implemented through lectures, seminars, study assignments and practical

application at a clinical training center (CTC).

Undervisningen bedrivs på engelska.

Förkunskapskrav

Grundläggande behörighet samt avslutade kurser inom sjuksköterskeprogrammets termin 1 och 2 eller motsvarande kunskaper. Vidare krävs genomgångna kurser i termin 3 inom sjuksköterskeprogrammet eller motsvarande kunskaper.

Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Examination will be based upon written individual examination, seminars and practical application.

A university senior lecturer serves as examiner for the course.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Individuell skriftlig examination	2,5 hp	A/B/C/D/E/FX/F
Seminarier	1 hp	U/G
Praktisk tillämpning	1 hp	U/G

Övrigt

Clinical Placement-integrated learning (VIL) provides 1 of the course's total of 4,5 credits.

Kurslitteratur

Walshe, C., Preston, N., & Johnston, B. (Ed.). (2017). *Palliative care nursing: Principles and evidence for practice*. Open University Press.

The latest edition of the course literature shall be used.