



## COURSE SYLLABUS

# Palliative Nursing Care, 4.5 credits

*Palliativ omvårdnad, 4,5 högskolepoäng*

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<b>Course Code:</b> HPON10	<b>Education Cycle:</b> First-cycle level
<b>Confirmed by:</b> Utbildningsrådet Nov 27, 2018	<b>Disciplinary domain:</b> Health sciences
<b>Revised by:</b> Department head Nov 30, 2020	<b>Subject group:</b> OM1
<b>Valid From:</b> Feb 15, 2021	<b>Specialised in:</b> G2F
<b>Version:</b> 5	<b>Main field of study:</b> Nursing
<b>Reg number:</b> Avdelningen för omvårdnad/Department of Nursing	

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### Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

#### Knowledge and understanding

- give details of palliative nursing and the philosophy of palliative care
- give details of the care of patients and those close to them in the event of death
- demonstrate an understanding of existential, social and cultural dimensions of the grieving process.

#### Skills and abilities

- hold the difficult conversations with patients and those close to them
- identify palliative nursing needs and plan the carrying out and evaluation of nursing.

#### Judgement and approach

- with a person-centred perspective regarding patients and those close to them, reflect on culture, ethics and human rights in co-produced, palliative nursing
- reflect on and analyse own thoughts at the approach of death and problems of separating own and other's needs in the nursing of dying patients.

### Contents

- Palliative nursing
  - patient, close relative/friend and professional perspectives
  - symptoms and symptom alleviation
  - complementary treatment methods
- The philosophy and core values of palliative care
  - the grieving process
  - existential, spiritual and cultural dimensions
  - the difficult conversations (transition to palliative care included therein)
- Care in the event of death
- Acts and other legislation

### Type of instruction

The course is implemented through lectures, seminars, study assignments and practical application at a clinical training centre (CTC).

The teaching is conducted in English.

### Prerequisites

General entry requirements and successful completion of semester 1 courses (or equivalent knowledge). Semester 1 comprises: Nursing Science – Profession, Subject and Science, 15 credits; Human Physiology and Anatomy for Nurses, 7.5 credits; Applied physiology and anatomy in nursing, 3 credits; and, Psychology, Nursing 4.5 credits. Additionally, completion of semester 2 and 3 courses (or equivalent knowledge) is also required. Semester 2 comprises: Medical Microbiology, Hospital Infection Control and Immunology for Nurses, 7.5 credits; Person-centered Care, Caring Approach and Communication, 7.5 credits; and, Practical Fundamentals In Nursing and Safety, 15 credits. Semester 3 comprises: Nursing in Health Problems, 15 credits; and, Pathophysiology and Pharmacology for Nurses, 15 credits.

### Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and practical application.

A university senior lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Individual written examination	2.5 credits	A/B/C/D/E/FX/F
Seminars	1 credit	U/G
Practical application	1 credit	U/G

### Other information

Clinical Placement-integrated learning (VIL) provides 1 of the course's total of 4.5 credits.

### Course literature

Walshe, C., Preston, N., & Johnston, B. (Ed.). (2017). *Palliative care nursing: Principles and evidence for practice*. Open university press.

### Alternative

Andershed, B., & Ternestedt, B-M. (Red.). (2020). *Palliativ vård: begrepp och perspektiv i teori och praktik*. Studentlitteratur.

The latest edition of the course literature shall be used.  
Scientific articles and other study materials will be added.